

2025 2.º TRIMESTRE

AREA 57

COMUNIDAD

El boletí<mark>n informativo</mark> de A.A. de Oklahoma

MANTENIENDO INFORMADA A LA COMUNIDAD

Documento confidencial sólo para miembros de A.A.

En éste boletín:

- Área 57 Oficiales y miembros del comité
- Área 57 Información de contacto de las oficinas
- Información de servicio y gráficos
- Próximas reuniones distritales
- Próximas reuniones de Área
- Información sobre la sesión de intercambio de delegados y la conferencia simulada
- 2025 Noticias de la Convención Internacional de AA
- 2025 Heraldo del Día de los Fundadores
- Artículos de nuestros oficiales y comunidad del Área 57
- Descripción general de Pasos/ Tradiciones/ Conceptos
- Próximos eventos

¡Gracias por formar parte de TU boletín informativo del Área 57! Para más información, contacte: newsletter@aaoklahoma.org

Visita TU sitio web AA OK: aaoklahoma.org

¡Bienvenidos a la actualización trimestral!

Mientras trabajamos para que esta publicación sea un reflejo importante del trabajo de servicio que se realiza en nuestra área, sus contribuciones y actualizaciones son esenciales. Ya sea una breve actualización del comité, un próximo evento o una reflexión personal sobre el servicio, sus aportaciones contribuirán a que este boletín sea un recurso valioso para todos. Envíen sus contribuciones por correo electrónico a newsletter@aaoklahoma.org (la fecha límite de envío es siempre 10 días antes de cada Reunión de Área).

Sus funcionarios y coordinadores de comités del Panel 75 del Área 57: Panel 75: del 1 de enero de 2025 al 1 de enero de 2027

Area Chair	<u>Jason B.</u>	<u>chair@aaoklahoma.org</u>
<u>Alt Area Chair</u>	<u>Andy D.</u>	<u>alt-chair@aaoklahoma.org</u>
<u>Area Delegate</u>	<u>Bryan T.</u>	<u>delegate@aaoklahoma.org</u>
<u>Alt Area Delegate</u>	Mary Beth H.	<u>alt-delegate@aaoklahoma.org</u>
<u>Area Treasurer</u>	<u>Jennifer N.</u>	<u>treasurer@aaoklahoma.org</u>
<u>Alt Area Treasurer</u>	<u>Phil S.</u>	<u>alt-treasurer@aaoklahoma.org</u>
<u>Area Secretary</u>	<u>Novie H.</u>	<u>secretary@aaoklahoma.org</u>
Area Accessibilities Chair	<u>Callie H.</u>	accessibilities@aaoklahoma.org
<u> Area Archives Chair</u>	Roger B.	<u>archives@aaoklahoma.org</u>
<u>Area Bridge the Gap Chair</u>	<u>Gabe S.</u>	<u>bridgethegap@aaoklahoma.org</u>
Area Corrections Chair	<u>PJ T.</u>	corrections@aaoklahoma.org
<u>Area CPC Chair</u>	<u>April W.</u>	<u>cpc@aaoklahoma.org</u>
<u>Area Grapevine Chair</u>	<u>Jessica G.</u>	<u>grapevine@aaoklahoma.org</u>
<u> Area Gratitude Chair</u>	<u>Marti F.</u>	<u>gratitude@aaoklahoma.org</u>
<u> Area Newsletter Chair</u>	<u>Amy T.</u>	<u>newsletter@aaoklahoma.org</u>
<u> Area Policy & Procedures Chair</u>	Terry J.	policy and procedures@aaoklahoma.org
Area Public Information Chair	<u>Brian H.</u>	<u>pi@aaoklahoma.org</u>
<u> Area Technologies Chair</u>	<u>Thomas R.</u>	<u>technologies@aaoklahoma.org</u>
<u> Area Treatment Chair</u>	Chad S.	<u>treatment@aaoklahoma.org</u>
<u>Area Webmaster</u>	<u>Josh L.</u>	<u>webmaster@aaoklahoma.org</u>
<u>Area Archivist</u>	<u>Ken E.</u>	<u>archivist@aaoklahoma.org</u>
<u>Area Recorder</u>	<u>Nancy C.</u>	<u>nancy-creager@cox.net</u>
2025 Area Conference Chair	<u>Laura T.</u>	<u>conf_chair@aaoklahoma.org</u>
2025 Fun in the Fellowship Chair	r <u>Rikki E.</u>	<u>eichlerrikki3@gmail.com</u>



El Podcast Oficial de la Oficina de Servicios Generales de Alcohólicos Anónimos Disponible <u>aquí</u> y en <u>plataformas de podcast</u> <u>populares</u> (solo en inglés).

INFORMACIÓN DE CONTACTO

Oficina del Comité de AA de Oklahoma

Tel de la oficina:

405-842-1200

Horario de oficina:

Vi 10-6, Sa 10-2

Dirección física:

4509 N Classen, #101

Oklahoma City, OK 73118

Dirección de l

PO Box 18415

envio:

Oklahoma City, OK 73154

Correo electrónico:

secretary@aaoklahoma.org

Sitio web:

aaoklahoma.org

OKC Oficina Intergrupal

Tel de la oficina:

405-949-0910

Tel de línea directa:

405-524-1100

Horario de oficina:

L-V 9-6; Sa 10-3

Dirección: l

3833 NW 63rd St

Oklahoma City, OK 73116

Correo electrónico:

admin@okcintergroup.org

Sitio web:

okcintergroup.org

NE Oficina de Servicio Central

Tel de la oficina:

918-627-2224

Tel de línea directa:

918-627-2224

Horario de oficina: L-V 9-5; Sa 9-1

Dirección:

| 4833 S Sheridan Rd, #410

Tulsa, OK 74145

Correo electrónico:

necs@aaneok.org

Sitio web:

aaneok.org

GRUPOS HISPANOS

Línea directa en español:

405-316-9742

Dirección de envio:

PO Box 19554

OKC, OK 73144

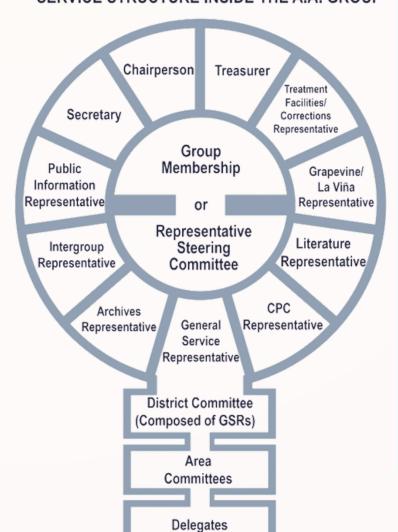


Descargue la aplicación Meeting Guide en el App Store ó Google Play Store

https://www.aa.org/es/meeting-guide-app

NUESTRA ESTRUCTURA DE SERVICIO

SERVICE STRUCTURE INSIDE THE A.A. GROUP

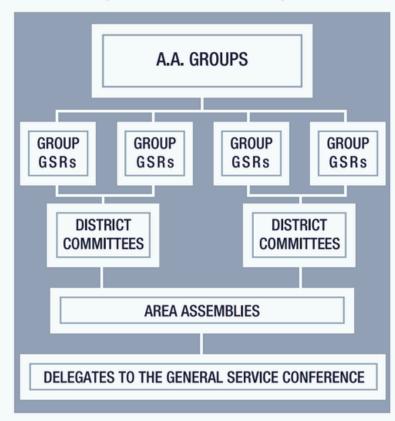


Enlace Mapa de Áreas

General Service

Conference

HOW THE A.A. GROUP FITS INTO
THE STRUCTURE OF THE FELLOWSHIP
(United States & Canada)







- *Districts 10 & 20 are divided by a line along Western Ave. in OKC
- *Districts 30 & 40 are divdied by a line along Lewis Ave in Tulsa
- *District 90 is a Spanish Linguistic district that covers all of OK

Manual de Servicio: ENLACE

Próximas reuniones de distrito:

DISTRITO 10: Domingo, Junio 8, 2025 2:00 PM @ Free Life, Shawnee

DISTRITO 20: Domingo, Junio 8, 2025 1:30 PM (Dirección, por determinar)

DISTRITO 30: Sábado, Junio 7, 2025 9:00 AM -12:00 PM @ 118 W Broadway, Collinsville

DISTRITO 40: Sábado, Junio 14, 2025 9:00 AM @ Sapulpa Serenity

DISTRITO 50: Domingo, Junio 8, 2025 9:00 AM 704 W. Main, Suite D, Enid

DISTRITO 60: por determinar

DISTRITO 70: por determinar

DISTRITO 80: Domingo, Junio 8, 2025 1:00 PM Keys to the Kingdom (Chickasha)

DISTRITO 90: por determinar

Monthly Joint Service Meetings

These meeting are to help you learn more about the Traditions, Concepts, and other service-related topics, as well as meet other people involved in service work. All GSRs, Alternate GSRs, DCMs, District Chairs, and District Service Committee Chairs are urged to attend. Of course, everyone is welcome. Please bring your AA Service Manual.

Oklahoma City – 1st Tuesday of each month (District 10/20)

North Meridian Group 4407 NW 50th St, OKC, OK 73112 7:30 pm Fellowship; 8:00 pm Meeting

Come hear about the Tradition and Concept of the month, along with a special presentation

Tulsa – 2nd Thursday of each month (District 30/40)

Unanimity Club 8749 S. Lewis Ave., Tulsa, OK 6:30 pm Fellowship; 7:00 pm Meeting

Próximas asambleas del Área:

<u>Junio 22, 2025</u> <u>Septiembre 14, 2025</u> Diciembre 2025 – por determinar

Embassy Suites Hotel 741 N Phillips Ave Oklahoma City, OK 73104 Al oriente de Lincoln y NE 8th St



Conferencia Simulada
Puntos de la Agenda:

<u>ENLACE</u>
(<u>para la contraseña</u>,
<u>Contacte:</u>
delegate@aaoklahoma.org)



COORDINADOR DEL ÁREA

Recently, at a State Sponsored workshop, a friend talked about when he was agitated he would pause and seek God's will. That pause was an invite, letting God in and listening for that right thought, or right action. He just had to pause and pray. Our literature. This is, of course, right out of the 11th Step. In this Step, it promises me that if I follow this direction I am to be in much less danger of excitement, fear, anger, worry self-pity or foolish decision. It works- it really does.

At this State Sponsored workshop- Show Up and Suit Up, what our friend said, got me thinking about the Group Conscience. Isn't that what we are ultimately seeking- God's will? Now I am not saying we are all agitated going in, and that at the door we take a time out and leave our agitation hats outside! What I am asking is that don't we pause-then participate, listen like we might change our minds, exercise real tolerance of other people's shortcomings and viewpoints, respect their opinions? Don't we attempt to do all this ultimately exercising a decision (vote), listening to the wisdom of the minority opinion all to finally discover what God's will is for us?

I look forward to the ride we will take together over the next couple years. Together. I love our Fellowship, our People and our Process. You all help me so much. We help each other. We have much work to accomplish together in providing our Groups the tools they need to effectively carry the message to the still suffering Alcoholic. We will likely experience some healthy discussions and I know we will keep the Spiritual Principles our Traditions and Concepts in mind as we navigate the ebb and flow of Alcoholics Anonymous, together, here in Area 57. I look forward to pausing with you all, in an effort to seek God's will for us.

Thank you for allowing me to Serve! Go CONFERENCE!! Jason B., Area 57 Chair chair@aaoklahoma.org

COORDINADOR ALTERNO DEL ÁREA

I am very honored to serve as your Alternate Area Chair! 2025 has been a great year already. I've been able to attend a joint service meeting for Districts 30 & 40, we had 3 great speakers at the meeting.

My responsibility as Alternate Chair is putting on workshops in rural communities. The importance of staying connected to our rural groups and fellow members is critical for the sharing of information and practicing Tradition 1. Our rural communities play a vital role in carrying the message of hope to the next suffering alcoholic as well as providing feedback to the area on ways Area 57 as a whole can provide continuous love and support. We have workshops being planned in Ada, Lawton, Guthrie Tulsa, Altus thus far with more to come!

In addition to the workshops, Our Area Chair Jason B. and I will be attending quarterly district meetings in Districts 10, 20, 30, 40, 50, 60, 70, 80 and 90. Our next Areas 57 quarterly meeting will be an important one as we'll have our Mock Conference. The purpose of the Mock Conference is to provide our Delegate Brian T. with vital feedback, as our trusted servant, as he prepares to attend the General Service Conference in April.

The schedule is filling up fast and the enthusiasm is at a very high level. I encourage you to reach out to me with ideas on workshops or ways we can reach out to the still suffering alcoholic.

In love and service,

Andy D.
Alternate Chair Area 57
alt-chair@aaoklahoma.org

Hello, Area 57!

I'm soooooo excited to be writing my first newsletter report for you as your area delegate. I spent the entirety of this last weekend at the Southwest Regional Delegates Assembly (SWRDA). This is a regional event held each year in OKC (this year was the 52nd), the purpose of which is to get the current delegates ready for the General Service Conference (GSC) in April. Besides learning a ton about what to expect at the GSC, it's an amazing opportunity to see all the delegates, both past and present, from the Southwest region. The amount of experience and sobriety there is simply incredible. My gratitude abounds even more than usual after spending so much time with so many amazing people. Thanks to them, I feel ready and prepared to represent Oklahoma while in NYC at the end of April.

Between now and then, in addition to studying and prepping for the GSC, I continue to look forward to hearing from all the members of Area 57 regarding their thoughts on the various agenda items. You can locate the final agenda on our website by going to Officers > Delegate > General Service Documents & Background. The password is the same as it always is, but if you need it, please email me and I'll happily provide it to you.

Mary Beth, our alternate delegate, and I held a Zoom sharing session on 03/06 to give members of Oklahoma an opportunity to ask questions and provide feedback about some of the agenda items ahead of GSC. It was fantastic to hear from members across our state.

If you weren't able to attend, you'll have two more formal opportunities to do so. The first one is during our Area Meeting on 03/23 during the mock conference. The second chance is another delegate sharing session on Zoom on 04/06. It will be identical to the one held on 03/06.

If for some reason you can't make either of those, I am available to you or your group. Please email or call me and we'll see what we can work out.

Continue to look on the Delegate's page on <u>aaoklahoma.org</u>, as that is where various communications like Quarterly GSO reports and other relevant information will be shared for you.

If I can ever do anything for you, please let me know. I am always here for Area 57. See you soon!

Bryan T.
P75/A57 Oklahoma Delegate
delegate@aaoklahoma.org

DELEGADO SUPLENTE

Hello Area 57!

I'm so happy to be writing this update for our Area 57 Newsletter and I can assure you it's a completely different perspective for me from this angle! I'm looking forward to more of what will be revealed as your Alternate Delegate and I would like to extend my heart-felt gratitude to our Area 57 GSRs for putting their trust in me with this service position. I'm truly overwhelmed with joy and anticipation for this opportunity to serve A.A. in Oklahoma and will do my best.

I have been busy trudging around our state attending various A.A. meetings and events. It's wonderful to see new and familiar faces but best of all your welcoming smiles and hugs. I've attended the North American Alternate Delegate's Meeting each month and a monthly meeting with our Southwest Regional Trustee along with the Delegates and Alternate Delegates from each state that touch Oklahoma, which makes up our Southwest Region.

I attended the Southwest Regional Delegates Assembly ("SWRDA") where past and current Delegates, along with the current Alternate Delegates, meet for one weekend every March in Oklahoma City to prepare our current Delegates for the General Service Conference in April. With your help, we will do a smaller version of this procedure at our next Area Meeting on March 23, 2025, when we have our Mock Conference!

I had the privilege of working with our Area 57 Delegate, Bryan T., at the Delegate's Sharing Session which took place online on March 6th where proposed agenda items were available for discussion. The participation of our fellowship was outstanding and I'm extending an invitation to each of you to attend the second Session on Sunday, April 6, 2025, from 2:00 to 3:30 p.m. For more information, please see Area 57 Delegate Sharing Session flyer at aaoklahoma.org for Zoom login information.

Thank you again for this once-in-a-lifetime opportunity to serve Alcoholics Anonymous in Oklahoma. If I can help you, your group or District, please just give me a shout! See you soon!

In love and service,

Mary Beth H.
P75/A57 Alternate Delegate
alt-delegate@aaoklahoma.org

COORDINADOR DE LA CONFERENCIA

Reflections on Chairing the 2025 Conference Committee

As the chair of the 2025 Area Conference committee, I have had the unique opportunity to grow both personally and professionally. This role has pushed me out of my comfort zone, particularly when it comes to speaking in front of large audiences, being asked questions on the spot, and being exuberant through it all. Each time I step up to the podium, I am reminded of the importance of clear communication and the power of a supportive fellowship.

One of the most humbling aspects of this experience has been the realization that I don't always have the answers to the questions posed to me. Even though I have been sober and around the conference for more than 2 decades. This has taught me the value of humility (again) and the importance of continuous learning and review of our guidelines. It has also highlighted the incredible strength of our fellowship. Whenever I find myself at a loss, I am buoyed by the collective knowledge and support of my friends in Alcoholics Anonymous. Together, we navigate challenges and celebrate successes, reinforcing the idea that we are ALL stronger together.

As we approach the conference, I am filled with excitement and anticipation. I am confident that this event will be a testament to the committee's hard work and dedication. Let's continue to support each other, embrace our vulnerabilities, and strive for excellence.

We Thrive in '25!

Thank you for your continued support and enthusiasm. Please pre-register at https://aaoklahoma.org/conference/2025-area-57-conference ASAP, and reserve your room before we run out! I look forward to seeing you all at the conference!

Go Conference!

Thank you, Laura Thompson conf_chair@aaoklahoma.org

COORDINADOR DE DIVERSION EN LA COMUNIDAD

2025 Fun in the Fellowship planning is underway!

Our 2025 committee has met twice already & this year's theme is ANYONE ANYWHERE !! The event's location changed this year and will be at the Western Club in OKC. Even though we are still in the early stages of planning, our meeting conversations have consisted of start and end times, food options, & room arrangements. Our publicity chair has been doing a great job of getting the flyers out to Intergroup, local meeting spaces, area website, joint service & more. Be on the lookout for more updates next quarter!

Sincerely, Rikki E. 2025 Fun in the Fellowship Chair eichlerrikki3@gmail.com

DISTRITO 20

Is it too late to say Happy New Year? If not, on behalf of District 20, I wish to bestow to everybody in Area 57 all

the best as we enter this year. I am very much looking forward to our next Area meeting.

I am extremely proud of our District and our hard working Trusted Servants. By the time the Area meeting convenes, we will have had our first District meeting of the year. As of this writing, we have a full slate of energetic DCM's, alternate DCM's, committee chairs, GSR's, and alternate GSR's, among many, many others

I am especially grateful for the wisdom and advice freely given to me by so many who have and are now serving.

I have had the privilege of meeting and working with so many wonderful people. We are continuing the work to carry the message to those who suffer in our District. I eagerly anticipate what the next two years will bring. As always, I look forward to seeing many familiar faces and some new ones at Area in March.

Thank you so very much for allowing me to be of service.

In love and service,

Ned H.

https://okcdistrict20.org/contact/

DISTRITO 30

District 30 is thriving with over 85 active groups. In the past quarter, we have welcomed new GSRs, DCMs, and committee members, updated policies and procedures in alignment with the delegate rotation, and increased financial aid for DCMs/Alt. DCMs to attend Area Meetings and the Area

District 30 is passionate about providing new opportunities to help members carry the message and strengthen our fellowship. This is inclusive of Concept learning sessions before every District Meeting, A Leadership Essay & Sponsorship Workshop (hosted by Bottoms Up Group), Participation in the Area Inventory, hosting A Safety and AA: Our Common Welfare Workshop (Feb 15th), hosting more frequent GSR and DCM orientations, and growing the fourth annual District 30 Winter Conference (January 24-

We have also made significant contributions to the Area 57 2025 State Conferences, Coins for Corrections & Reentry Program, Fun in the Fellowship hospitality, Fall Serenity Conference (Al-Anon) ice cream social, Distinct 30I Chair's bus wrap initiative in Tulsa, and continuing contributions to the annual

District 30 remains committed to recovery, unity and service to those in the fellowship and the still suffering alcoholic. It is an honor and a privilege to serve as your District 30 Chair and I am excited to see all the new ideas and opportunities our District provides to Alcoholics Anonymous.

With Love and Service,

Anne Collins districtchair@district30aa.com Kelley Club History

(Oldest AA Clubhouse West of the Mississippi River)

AA in Oklahoma began in Oklahoma City on September 14, 1941. In late 1942 there were about 6 alcoholics attending meetings at the Biltmore Hotel and at a member's law office. Meetings at the Biltmore continued for less than a year. After that, the small group of original members met in homes and a few of the churches. They finally found a small building to rent on 42nd Street just off of Western Avenue in late 1943. It was the group's first real home. They remained at this location for about a year and a half, during which time there was quite a bit of growth in membership.

Bill Wilson came down and spoke at the 42 nd Street club house on January 18, 1944. A photograph of the event was taken with about 75 people attending. (The photograph can be seen hanging on the west wall at the Kelley Club). This was Bill's first trip to Oklahoma.

In 1945 the group was asked to leave the 42 nd Street location. For a little over a month the group met everywhere; churches, homes, the courthouse, and a little theatre building. They referred to this time as the "40 days in the wilderness". They finally ended up settling at the old Shrine Auditorium on NW 4 th Street, where they remained for several months. It was during this time that the group decided to build their own Clubhouse. In late 1945 they started taking subscriptions from the members. Everyone made a pledge to give so much money to get started on the new building. One member contributed \$2,000; another member donated the property. The location was at NE 22nd and Kelley Avenue. It became known as the Kelley Street Club. Construction was completed and the Clubhouse opened its doors on Monday, June 10, 1946. There was a mortgage on the property that was paid off in less than a year. To celebrate the group had a "mortgage burning" party.

Very soon after its opening, there developed a great disharmony among the members. This was happening all over the country with just about every group that built a clubhouse. The fighting would sometimes get personal and a small group would split off and form their own group. This happened 4 or 5 times early on, which helped AA in Oklahoma to grow even more. They had beginner meetings before the Friday night meeting from the start of the clubhouse. On Monday night the wives were invited to attend. Other meetings were on, Tuesday (women's group) and Thursday. A Young People's Group started around 1954.

Today the Kelley Club enjoys a variety of Groups holding weekly meetings, including Night Creatures, Kelley Nooner's, Sundowners, Monday Night Mixed Group, Tuesday Night Women's, Tuesday Night Men's, and Thursday Grapevine. The rich history of the Kelley Club is a vital part of AA in Oklahoma. Not only was it founded by the original members of AA in Oklahoma but throughout the years, many of its members have made significant contributions to the growth and stability of AA in the State of Oklahoma.

Step One

"We admitted we were powerless over alcohol—that our lives had become unmanageable."

Step one is centered around the idea of admitting powerlessness over alcohol. In simple terms, it means recognizing that you cannot control your drinking and that it has become a problem in your life. This acknowledgment is the first step towards recovery. It emphasizes honesty and self-reflection, encouraging individuals to understand that their attempts to manage their drinking have not worked and that they need help to overcome their alcoholism. It's about accepting the reality of the situation as a crucial part of the healing process.

Tradition One

Our common welfare should come first; personal recovery depends upon AA unity."

This tradition emphasizes the importance of unity within Alcoholics Anonymous as essential for the success of individual recovery.

This means the well-being of the entire group is more important than any one person's interests or desires. When members prioritize the unity of the group, it creates a supportive environment that helps everyone in their recovery journey. By working together and supporting one another, individuals can find strength and encouragement. This tradition encourages members to put aside personal disagreements and focus on the collective goal of helping each other stay sober.

Concept One

"The final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship." refers to the idea that "Final authority rests with the group."

This means that the ultimate decision-making power lies with the individual groups within AA, rather than a central authority or organization. Each group has the autonomy to govern itself and make decisions that best

Concept one emphasizes the importance of group conscience, where members come together to discuss and decide on matters affecting their group. It promotes democracy and encourages participation from all members, ensuring that everyone has a voice in the decision-making process. This structure helps maintain the integrity and effectiveness of the AA program, allowing groups to adapt to their unique needs while staying true to the core principles of Alcoholics Anonymous.

Step Two

"Came to believe that a Power greater than ourselves could restore us to sanity."

This step encourages individuals to open their minds to the possibility of a higher power, which can be understood in various ways—whether as a traditional concept of God, nature, the universe, or even the collective strength of the AA community.

In simple terms, Step 2 emphasizes the idea that recovering from addiction often requires support beyond one's own willpower. It invites people to trust in something greater than themselves to help them regain control and find balance in their lives. This step is about fostering hope and embracing the idea that recovery is possible with the help of this higher power, leading to a healthier mindset and lifestyle.

Tradition Two

"For our group purpose, there is but one ultimate authority—a loving God as He may express Himself in our group conscience."

This tradition emphasizes that the guiding force for the group is a higher power, which can be understood differently by each member. It suggests that decisions within the group should be made collectively, based on a shared sense of values and beliefs, rather than by any one individual.

Tradition Two promotes unity and collaboration, reminding members that their group's decisions should reflect a collective conscience, guided by a sense of love and support. It encourages members to seek guidance from this higher power during discussions and decision-making, fostering a spirit of harmony and cooperation within the group.

Concept Two

"The General Service Conference has the final authority in the world service affairs of Alcoholics Anonymous."

This means that the General Service
Conference (which is made up of
representatives from AA groups around the
world) is the highest decision-making body in
AA's service structure. It has the ultimate
responsibility for overseeing the organization's
actions and ensuring that they align with the
principles and traditions of Alcoholics
Anonymous.

Concept Two emphasizes the importance of collective decision-making and accountability within the AA service structure. It reinforces the idea that the voice of the groups is paramount, and that decisions should reflect the needs and experiences of members. By giving authority to the General Service Conference, AA aims to maintain unity and effectiveness in its mission to help individuals seeking recovery from alcoholism.

Step Three

"Made a decision to turn our will and our lives over to the care of God as we understood Him."

In simple terms, this step encourages individuals to let go of trying to control everything in their lives and to trust in a higher power to guide them. It involves making a conscious choice to surrender personal will and seek support from this higher power, however one may define it.

Step Three is about accepting that you cannot do it all alone and that relying on something greater can lead to positive change. It encourages members to take a leap of faith, allowing themselves to be guided by their understanding of God or a higher power, which can help them navigate their recovery journey and lead to a healthier, more fulfilling life.

Tradition Three

"The only requirement for AA membership is a desire to stop drinking."

This tradition states that anyone who wants to join Alcoholics Anonymous only needs to genuinely want to stop drinking alcohol. There are no other qualifications, such as religious beliefs, background, or specific behaviors.

Tradition Three emphasizes inclusivity and openness, making it clear that AA welcomes anyone who is struggling with alcohol addiction, regardless of their circumstances. It fosters a supportive environment where individuals can come together based on their shared goal of recovery, free from judgment or barriers to entry. This principle encourages members to focus on their common purpose and helps create a sense of belonging within the community.

Concept Three

"To insure effective leadership, we should endow the General Service Conference with the traditional rights of leadership."

This concept emphasizes the importance of strong and effective leadership within the General Service Conference, which oversees the broader activities of Alcoholics Anonymous. It suggests that the Conference should have the authority and rights necessary to guide and support the organization effectively.

It highlights the idea that leadership is not just about authority but also about responsibility and service. It encourages leaders to act in the best interests of the AA community, ensuring that the needs of the groups and members are met. By empowering the General Service Conference with these traditional rights, AA aims to maintain a strong and cohesive direction while upholding the principles and values of the organization.









TOOKIN'!
TULSA

HERE ARE THE STEPS WE TOOK..."

12 STEP WORKSHOPS SPEAKER SEMINARS PANEL DISCUSSIONS FELLOWSHIP



FRI. 25TH - SUN. 27TH APRIL, 2025

Where: Mindset Conference Room, 5563 South Lewis Ave., Tulsa, 74105 Weekend Tickets: \$20 In person or online

REGISTER AT: KEEPONTOOKIN.EVENTBRITE.COM



¡Área 57 necesita premios para la rifa! Contacto:
welchcassandra52@gmail.com

Para hacer una contribución adicional a la Conferencia del Área 57, visite:

https://oklahoma-state-conference.square.site









La Conferencia

de Servicios Generales

2025

Se reunirá

del 27 de abril al 3 de mayo

(Para más información,

utilice éste enlace)











