



2025 2ND QUARTER

AREA 57

COMMUNITY

Oklahoma's AA Newsletter

Keeping the Oklahoma Fellowship Informed

CONFIDENTIAL DOCUMENT FOR AA MEMBERS ONLY

IN THIS ISSUE:

- Area 57 Officers & Committee Members
- Area 57 Offices Contact Information
- Service Structure Information & Graphics
- Upcoming District Meetings
- Upcoming Area Meetings
- Delegate Sharing Session & Mock Conference Info
- Articles from our Area 57 Officers & Fellowship
- Steps/Traditions/Concepts Overview
- Register For Upcoming Events in Area 57 plus:
 - 2025 International AA Convention News
 - 2025 Founders' Day Herald
 - ICYPAA
 - SWRAASA
 - Southwest Regional Forum

Thank you for being a part of YOUR Area 57 Newsletter!
For more information, email newsletter@aaoklahoma.org

Check out YOUR AA OK Website at aaoklahoma.org

Welcome to the Quarterly Update!

As we work to make this publication a meaningful reflection of the service work happening in our area, your submissions and updates are essential. Whether it's a brief committee update, an upcoming event, or a personal reflection on service, your input will help make this newsletter a valuable resource for all. Please email your submissions to newsletter@aaoklahoma.org (submission deadline is always 10 days prior to each Area Meeting).

Your Area 57 Panel 75 Officers & Committee Chairs: Panel 75: January 1st 2025 through January 1st 2027

<u>Area Chair</u>	<u>Jason B.</u>	<u>chair@aaoklahoma.org</u>
<u>Alt Area Chair</u>	<u>Andy D.</u>	<u>alt-chair@aaoklahoma.org</u>
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<u>Area Treasurer</u>	<u>Jennifer N.</u>	<u>treasurer@aaoklahoma.org</u>
<u>Alt Area Treasurer</u>	<u>Phil S.</u>	<u>alt-treasurer@aaoklahoma.org</u>
<u>Area Secretary</u>	<u>Novie H.</u>	<u>secretary@aaoklahoma.org</u>
<u>Area Accessibilities Chair</u>	<u>Callie H.</u>	<u>accessibilities@aaoklahoma.org</u>
<u>Area Archives Chair</u>	<u>Roger B.</u>	<u>archives@aaoklahoma.org</u>
<u>Area Bridge the Gap Chair</u>	<u>Gabe S.</u>	<u>bridgethegap@aaoklahoma.org</u>
<u>Area Corrections Chair</u>	<u>PJ T.</u>	<u>corrections@aaoklahoma.org</u>
<u>Area CPC Chair</u>	<u>April W.</u>	<u>cpc@aaoklahoma.org</u>
<u>Area Grapevine Chair</u>	<u>Jessica G.</u>	<u>grapevine@aaoklahoma.org</u>
<u>Area Gratitude Chair</u>	<u>Marti F.</u>	<u>gratitude@aaoklahoma.org</u>
<u>Area Newsletter Chair</u>	<u>Amy T.</u>	<u>newsletter@aaoklahoma.org</u>
<u>Area Policy & Procedures Chair</u>	<u>Terry J.</u>	<u>policy_and_procedures@aaoklahoma.org</u>
<u>Area Public Information Chair</u>	<u>Brian H.</u>	<u>pi@aaoklahoma.org</u>
<u>Area Technologies Chair</u>	<u>Thomas R.</u>	<u>technologies@aaoklahoma.org</u>
<u>Area Treatment Chair</u>	<u>Chad S.</u>	<u>treatment@aaoklahoma.org</u>
<u>Area Webmaster</u>	<u>Josh L.</u>	<u>webmaster@aaoklahoma.org</u>
<u>Area Archivist</u>	<u>Ken E.</u>	<u>archivist@aaoklahoma.org</u>
<u>Area Recorder</u>	<u>Nancy C.</u>	<u>nancy-creager@cox.net</u>
<u>2025 Area Conference Chair</u>	<u>Laura T.</u>	<u>conf_chair@aaoklahoma.org</u>
<u>2025 Fun in the Fellowship Chair</u>	<u>Rikki E.</u>	<u>eichlerrikki3@gmail.com</u>



**The Official Podcast of the General Service Office
of Alcoholics Anonymous**
**Available here and on popular podcast platforms
(in English only).**

CONTACT INFORMATION

OK State AA Committee Office Area 57 Office

Office Phone:	405-842-1200
Office Hours:	Fri 10-6, Sat 10-2
Physical Address:	4509 N Classen, #101 Oklahoma City, OK 73118
Mailing Address:	PO Box 18415 Oklahoma City, OK 73154
Email:	secretary@aaoklahoma.org
Website:	aaoklahoma.org

OKC Intergroup Office

Office Phone:	405-949-0910
Hotline Phone:	405-524-1100
Office Hours:	M-F 9-6; Sat 10-3
Address:	3833 NW 63rd St Oklahoma City, OK 73116
Email:	admin@okcintergroup.org
Website:	okcintergroup.org

NE Central Service Office

Office Phone:	918-627-2224
Hotline Phone:	918-627-2224
Office Hours:	M-F 9-5; Sat 9-1
Address:	4833 S Sheridan Rd, #410 Tulsa, OK 74145
Email:	necs@aaneok.org
Website:	aaneok.org

Hispanic Groups

Spanish Hotline:	405-316-9742
Mailing Address:	PO Box 19554 OKC, OK 73144

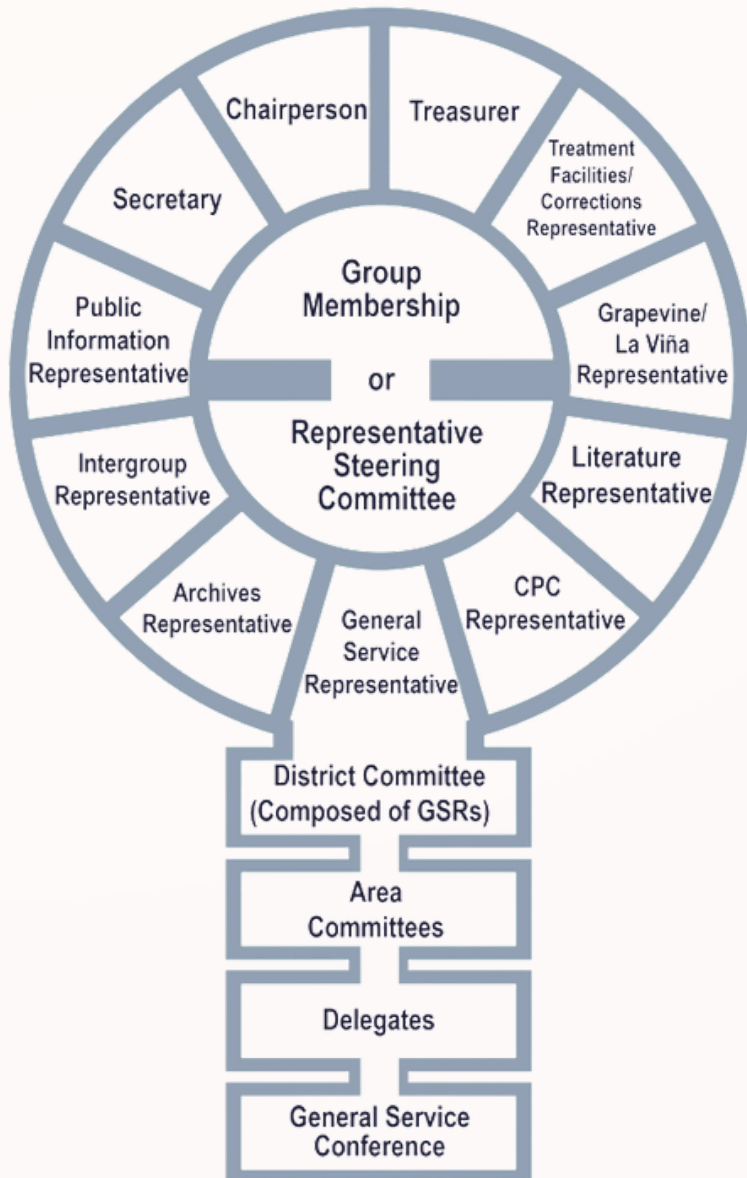


Download the Meeting Guide app from
[App Store](#) or [Google Play Store](#)

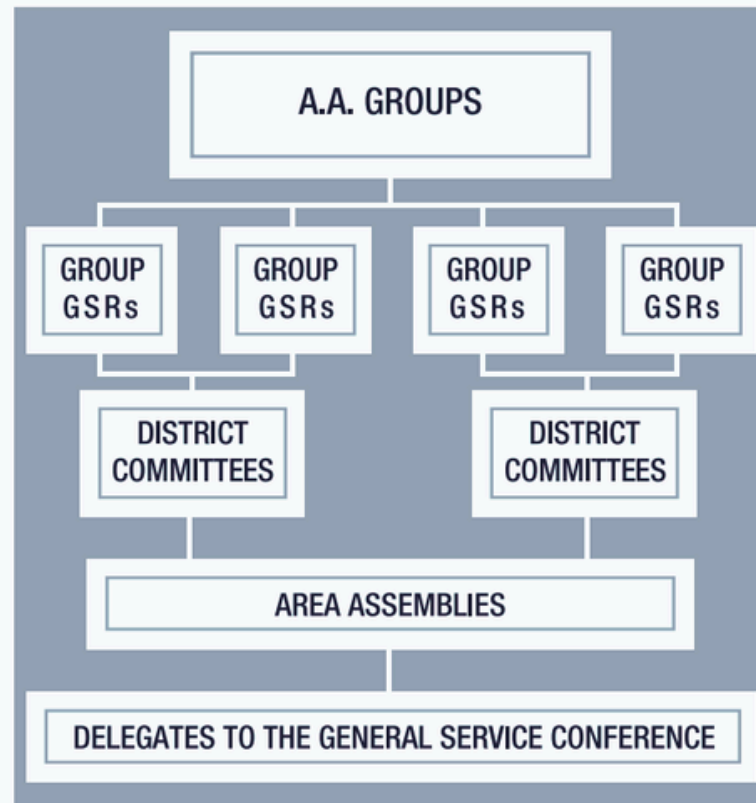
https://aa.org/pages/en_US/meeting-guide

Our Service Structure

SERVICE STRUCTURE INSIDE THE A.A. GROUP



HOW THE A.A. GROUP FITS INTO THE STRUCTURE OF THE FELLOWSHIP (United States & Canada)



Area 57 District Map



*Districts 10 & 20 are divided by a line along Western Ave. in OKC

*Districts 30 & 40 are divided by a line along Lewis Ave in Tulsa

*District 90 is a Spanish Linguistic district that covers all of OK

Link to

[Area Map](#)

[Link to Service Manual:](#)

[CLICK HERE](#)

Upcoming District Meetings:

DISTRICT 10: Sunday, June 8, 2025 2:00 PM @ Free Life, Shawnee

DISTRICT 20: Sunday, June 8, 2025 1:30pm (Location TBD)

DISTRICT 30: Saturday, June 7, 2025 9:00 AM -12:00 PM @ 118 W Broadway, Collinsville

DISTRICT 40: Saturday, June 14, 2025 9:00 AM @ Sapulpa Serenity

DISTRICT 50: Sunday, June 8th- Main Street Group- 704 W. Main, Suite D, Enid

DISTRICT 60: TBD

DISTRICT 70: TBD

DISTRICT 80: Sunday, June 8th - Keys to the Kingdom (Chickasha) Lunch at 1, mtg after

DISTRICT 90: TBD

Monthly Joint Service Meetings

These meeting are to help you learn more about the Traditions, Concepts, and other service-related topics, as well as meet other people involved in service work. All GSRs, Alternate GSRs, DCMs, District Chairs, and District Service Committee Chairs are urged to attend. Of course, everyone is welcome. Please bring your AA Service Manual.

- Oklahoma City – 1st Tuesday of each month (District 10/20)

North Meridian Group
4407 NW 50th St, OKC, OK 73112
7:30 pm Fellowship; 8:00 pm Meeting

**Come hear about the Tradition and Concept of the month,
along with a special presentation**

- Tulsa – 2nd Thursday of each month (District 30/40)

Unanimity Club
8749 S. Lewis Ave., Tulsa, OK
6:30 pm Fellowship; 7:00 pm Meeting

Upcoming Area Meetings:

June 22, 2025

Sept 14, 2025

Dec 2025 – TBD

Embassy Suites Hotel

741 N Phillips Ave

Oklahoma City, OK 73104

Just East of Lincoln and NE 8th St

Everyone is invited!

Area 57 Delegate Sharing Session



**Sunday at 2:00-3:30 p.m.
April 6, 2025**

- Meet your Delegate!
- Share your thoughts on Agenda Items for General Service Conference in April
- Review Mock Conference at aaoklahoma.org and click the following:
 - Officers
 - Delegate
 - General Service Documents & Background
 - Mock Conference Items
- Ask Questions or Come Listen in!

**Zoom ID: 252 153 7503
Password: Rule62**

Questions? Send email to: delegate@aaoklahoma.org

Mock Conference

Agenda Items:

CLICK HERE

(password protected - email
delegate@aaoklahoma.org)

AREA CHAIR

Recently, at a State Sponsored workshop, a friend talked about when he was agitated he would pause and seek God's will. That pause was an invite, letting God in and listening for that right thought, or right action. He just had to pause and pray. Our literature. This is, of course, right out of the 11th Step. In this Step, it promises me that if I follow this direction I am to be in much less danger of excitement, fear, anger, worry self-pity or foolish decision. It works- it really does.

At this State Sponsored workshop- Show Up and Suit Up, what our friend said, got me thinking about the Group Conscience. Isn't that what we are ultimately seeking- God's will? Now I am not saying we are all agitated going in, and that at the door we take a time out and leave our agitation hats outside! What I am asking is that don't we pause- then participate, listen like we might change our minds, exercise real tolerance of other people's shortcomings and viewpoints, respect their opinions? Don't we attempt to do all this ultimately exercising a decision (vote), listening to the wisdom of the minority opinion all to finally discover what God's will is for us?

I look forward to the ride we will take together over the next couple years. Together. I love our Fellowship, our People and our Process. You all help me so much. We help each other. We have much work to accomplish together in providing our Groups the tools they need to effectively carry the message to the still suffering Alcoholic. We will likely experience some healthy discussions and I know we will keep the Spiritual Principles our Traditions and Concepts in mind as we navigate the ebb and flow of Alcoholics Anonymous, together, here in Area 57. I look forward to pausing with you all, in an effort to seek God's will for us.

Thank you for allowing me to Serve! Go CONFERENCE!!

Jason B., Area 57 Chair
chair@aaoklahoma.org

ALT. AREA CHAIR

I am very honored to serve as your Alternate Area Chair! 2025 has been a great year already. I've been able to attend a joint service meeting for Districts 30 & 40, we had 3 great speakers at the meeting.

My responsibility as Alternate Chair is putting on workshops in rural communities. The importance of staying connected to our rural groups and fellow members is critical for the sharing of information and practicing Tradition 1. Our rural communities play a vital role in carrying the message of hope to the next suffering alcoholic as well as providing feedback to the area on ways Area 57 as a whole can provide continuous love and support. We have workshops being planned in Ada, Lawton, Guthrie Tulsa, Altus thus far with more to come!

In addition to the workshops, Our Area Chair Jason B. and I will be attending quarterly district meetings in Districts 10, 20, 30, 40, 50, 60, 70, 80 and 90. Our next Area 57 quarterly meeting will be an important one as we'll have our Mock Conference. The purpose of the Mock Conference is to provide our Delegate Brian T. with vital feedback, as our trusted servant, as he prepares to attend the General Service Conference in April.

The schedule is filling up fast and the enthusiasm is at a very high level. I encourage you to reach out to me with ideas on workshops or ways we can reach out to the still suffering alcoholic.

In love and service,

Andy D.

Alternate Chair Area 57

alt-chair@aaoklahoma.org

Hello, Area 57!

I'm soooooo excited to be writing my first newsletter report for you as your area delegate. I spent the entirety of this last weekend at the Southwest Regional Delegates Assembly (SWRDA). This is a regional event held each year in OKC (this year was the 52nd), the purpose of which is to get the current delegates ready for the General Service Conference (GSC) in April. Besides learning a ton about what to expect at the GSC, it's an amazing opportunity to see all the delegates, both past and present, from the Southwest region. The amount of experience and sobriety there is simply incredible. My gratitude abounds even more than usual after spending so much time with so many amazing people. Thanks to them, I feel ready and prepared to represent Oklahoma while in NYC at the end of April.

Between now and then, in addition to studying and prepping for the GSC, I continue to look forward to hearing from all the members of Area 57 regarding their thoughts on the various agenda items. You can locate the final agenda on our website by going to Officers > Delegate > General Service Documents & Background. The password is the same as it always is, but if you need it, please email me and I'll happily provide it to you.

Mary Beth, our alternate delegate, and I held a Zoom sharing session on 03/06 to give members of Oklahoma an opportunity to ask questions and provide feedback about some of the agenda items ahead of GSC. It was fantastic to hear from members across our state.

If you weren't able to attend, you'll have two more formal opportunities to do so. The first one is during our Area Meeting on 03/23 during the mock conference. The second chance is another delegate sharing session on Zoom on 04/06. It will be identical to the one held on 03/06.

If for some reason you can't make either of those, I am available to you or your group. Please email or call me and we'll see what we can work out.

Continue to look on the Delegate's page on aaoklahoma.org, as that is where various communications like Quarterly GSO reports and other relevant information will be shared for you.

If I can ever do anything for you, please let me know. I am always here for Area 57. See you soon!

Bryan T.
P75/A57 Oklahoma Delegate
delegate@aaoklahoma.org

INCOMING
AREA DELEGATE

JUMPING
RIGHT IN



Video of Area 57 Delegate Bryan T. jumping off the Stratosphere Hotel in Las Vegas, NV!

ALT. DELEGATE

Hello Area 57!

I'm so happy to be writing this update for our Area 57 Newsletter and I can assure you it's a completely different perspective for me from this angle! I'm looking forward to more of what will be revealed as your Alternate Delegate and I would like to extend my heart-felt gratitude to our Area 57 GSRs for putting their trust in me with this service position. I'm truly overwhelmed with joy and anticipation for this opportunity to serve A.A. in Oklahoma and will do my best.

I have been busy trudging around our state attending various A.A. meetings and events. It's wonderful to see new and familiar faces but best of all your welcoming smiles and hugs. I've attended the North American Alternate Delegate's Meeting each month and a monthly meeting with our Southwest Regional Trustee along with the Delegates and Alternate Delegates from each state that touch Oklahoma, which makes up our Southwest Region.

I attended the Southwest Regional Delegates Assembly ("SWRDA") where past and current Delegates, along with the current Alternate Delegates, meet for one weekend every March in Oklahoma City to prepare our current Delegates for the General Service Conference in April. With your help, we will do a smaller version of this procedure at our next Area Meeting on March 23, 2025, when we have our Mock Conference!

I had the privilege of working with our Area 57 Delegate, Bryan T., at the Delegate's Sharing Session which took place online on March 6th where proposed agenda items were available for discussion. The participation of our fellowship was outstanding and I'm extending an invitation to each of you to attend the second Session on Sunday, April 6, 2025, from 2:00 to 3:30 p.m. For more information, please see Area 57 Delegate Sharing Session flyer at aaoklahoma.org for Zoom login information.

Thank you again for this once-in-a-lifetime opportunity to serve Alcoholics Anonymous in Oklahoma. If I can help you, your group or District, please just give me a shout! See you soon!

In love and service,

Mary Beth H.

P75/A57 Alternate Delegate

alt-delegate@aaoklahoma.org

P.I. CHAIR

Hello, my name is Brian H and I'm your new area 57 Public information Chair. I am deeply honored to serve as your Public Information representative. AA has been a cornerstone in my life, and I'm grateful for the opportunity to give back to a fellowship that has served me so well. In this role, I've hit the ground running—introducing myself at multiple district meetings and connecting with several District PI chairs to build collaboration. I'm excited to speak at the upcoming Children's Mental Health Coalition, and I'll be representing AA by setting up a table at the Native American Conference. Looking ahead, I'm preparing for a health fair with the Chickasaw Nation in April, and we're hosting a CPC and PI workshop on April 19. I am also currently working on a design for a sticker with a QR code to the Meeting Guide and AA hotline for each area that we will be putting in hotel elevators and other places where alcoholics may be. I'm committed to carrying AA's message far and wide—thank you for this chance to serve!

Bryan H.

Area 57 Public Information Chair

pi@aaoklahoma.org

CORRECTIONS CHAIR

I am excited to serve as your area 57 corrections chair for this term! We have a lot of big things going on in corrections I hope everyone will want to be a part of. We recently had a workshop in district 10 with bridge the gap and treatment that was very well attended and have another one in the works for district 60 this next quarter for the end of May or beginning of June. We just wrapped up our Oklahoma corrections conference. It was great! I want to thank everyone from the committee, our panelist, Chaplin Gregory with the guys inside Boley and everyone else involved! We have a committee meeting once a month on zoom on the first Saturday. My email is pjt2528@gmail.com if you're interested in joining us send me an email. Corrections is working very hard to carry the message in Oklahoma and we would love all of the support we can get! If you are interested in helping but can't or don't want to get badge we have opportunities to help with re entry fairs and coins for corrections as well! I want to thank the committee once again for all of their hard work and service. Looking forward to serving with you guys and the rest of Area 57!

In love and service,

PJ Turner
Area 57 Corrections Chair
pjt2528@gmail.com

CONF. CHAIR

Reflections on Chairing the 2025 Conference Committee

As the chair of the 2025 Area Conference committee, I have had the unique opportunity to grow both personally and professionally. This role has pushed me out of my comfort zone, particularly when it comes to speaking in front of large audiences, being asked questions on the spot, and being exuberant through it all. Each time I step up to the podium, I am reminded of the importance of clear communication and the power of a supportive fellowship.

One of the most humbling aspects of this experience has been the realization that I don't always have the answers to the questions posed to me. Even though I have been sober and around the conference for more than 2 decades. This has taught me the value of humility (again) and the importance of continuous learning and review of our guidelines. It has also highlighted the incredible strength of our fellowship. Whenever I find myself at a loss, I am buoyed by the collective knowledge and support of my friends in Alcoholics Anonymous. Together, we navigate challenges and celebrate successes, reinforcing the idea that we are ALL stronger together.

As we approach the conference, I am filled with excitement and anticipation. I am confident that this event will be a testament to the committee's hard work and dedication. Let's continue to support each other, embrace our vulnerabilities, and strive for excellence.

We Thrive in '25!

Thank you for your continued support and enthusiasm. Please pre-register at <https://aaoklahoma.org/conference/2025-area-57-conference> ASAP, and reserve your room before we run out! I look forward to seeing you all at the conference!

Go Conference!

Thank you,
Laura Thompson
conf_chair@aaoklahoma.org

FIF CHAIR

2025 Fun in the Fellowship planning is underway!

Our 2025 committee has met twice already & this year's theme is ANYONE ANYWHERE !! The event's location changed this year and will be at the Western Club in OKC. Even though we are still in the early stages of planning, our meeting conversations have consisted of start and end times, food options, & room arrangements. Our publicity chair has been doing a great job of getting the flyers out to Intergroup, local meeting spaces, area website, joint service & more. Be on the lookout for more updates next quarter!

Sincerely,

Rikki E.

2025 Fun in the Fellowship Chair
eichlerriki3@gmail.com

DIST. 20

District 20

Is it too late to say Happy New Year? If not, on behalf of District 20, I wish to bestow to everybody in Area 57 all the best as we enter this year. I am very much looking forward to our next Area meeting.

I am extremely proud of our District and our hard working Trusted Servants. By the time the Area meeting convenes, we will have had our first District meeting of the year. As of this writing, we have a full slate of energetic DCM's, alternate DCM's, committee chairs, GSR's, and alternate GSR's, among many, many others willing to serve. I am so very grateful to all of them.

I am especially grateful for the wisdom and advice freely given to me by so many who have and are now serving. You know who you are. I thank you all.

I have had the privilege of meeting and working with so many wonderful people. We are continuing the work to carry the message to those who suffer in our District. I eagerly anticipate what the next two years will bring.

As always, I look forward to seeing many familiar faces and some new ones at Area in March.

Thank you so very much for allowing me to be of service.

In love and service,

Ned H.

<https://okcdistrict20.org/contact/>

DIST. 30

District 30 is thriving with over 85 active groups. In the past quarter, we have welcomed new GSRs, DCMs, and committee members, updated policies and procedures in alignment with the delegate rotation, and increased financial aid for DCMs/Alt. DCMs to attend Area Meetings and the Area Inventory.

District 30 is passionate about providing new opportunities to help members carry the message and strengthen our fellowship. This is inclusive of Concept learning sessions before every District Meeting, A Leadership Essay & Sponsorship Workshop (hosted by Bottoms Up Group), Participation in the Area Inventory, hosting A Safety and AA: Our Common Welfare Workshop (Feb 15th), hosting more frequent GSR and DCM orientations, and growing the fourth annual District 30 Winter Conference (January 24-26).

We have also made significant contributions to the Area 57 2025 State Conferences, Coins for Corrections & Reentry Program, Fun in the Fellowship hospitality, Fall Serenity Conference (Al-Anon) ice cream social, District 30 Chair's bus wrap initiative in Tulsa, and continuing contributions to the annual District 30 Winter Conference.

District 30 remains committed to recovery, unity and service to those in the fellowship and the still suffering alcoholic. It is an honor and a privilege to serve as your District 30 Chair and I am excited to see all the new ideas and opportunities our District provides to Alcoholics Anonymous.

With Love and Service,

Anne Collins
districtchair@district30aa.com

DIST. 80

Let me start by saying how truly blessed I am that District 80 is my home! I've been happy just being of service at my home group and DCM. Never thought I would be Chair. Thank God for the phenomenal folks who came before me and continue to answer the phone. I am becoming grateful for this opportunity (as I walk through my fear) and am looking forward to sharing this journey with everyone in my District, the other new District Chairs, Area Committee and members of Alcoholics Anonymous as a whole.

In grateful service,
Monica C., District 80 Chair
district_80@aaoklahoma.org

Kelley Club History

(Oldest AA Clubhouse West of the Mississippi River)

AA in Oklahoma began in Oklahoma City on September 14, 1941. In late 1942 there were about 6 alcoholics attending meetings at the Biltmore Hotel and at a member's law office. Meetings at the Biltmore continued for less than a year. After that, the small group of original members met in homes and a few of the churches. They finally found a small building to rent on 42nd Street just off of Western Avenue in late 1943. It was the group's first real home. They remained at this location for about a year and a half, during which time there was quite a bit of growth in membership.

Bill Wilson came down and spoke at the 42 nd Street club house on January 18, 1944. A photograph of the event was taken with about 75 people attending. (The photograph can be seen hanging on the west wall at the Kelley Club). This was Bill's first trip to Oklahoma.

In 1945 the group was asked to leave the 42 nd Street location. For a little over a month the group met everywhere; churches, homes, the courthouse, and a little theatre building. They referred to this time as the "40 days in the wilderness". They finally ended up settling at the old Shrine Auditorium on NW 4 th Street, where they remained for several months. It was during this time that the group decided to build their own Clubhouse. In late 1945 they started taking subscriptions from the members. Everyone made a pledge to give so much money to get started on the new building. One member contributed \$2,000; another member donated the property. The location was at NE 22nd and Kelley Avenue. It became known as the Kelley Street Club. Construction was completed and the Clubhouse opened its doors on Monday, June 10, 1946. There was a mortgage on the property that was paid off in less than a year. To celebrate the group had a "mortgage burning" party.

Very soon after its opening, there developed a great disharmony among the members. This was happening all over the country with just about every group that built a clubhouse. The fighting would sometimes get personal and a small group would split off and form their own group. This happened 4 or 5 times early on, which helped AA in Oklahoma to grow even more. They had beginner meetings before the Friday night meeting from the start of the clubhouse. On Monday night the wives were invited to attend. Other meetings were on, Tuesday (women's group) and Thursday. A Young People's Group started around 1954.

Today the Kelley Club enjoys a variety of Groups holding weekly meetings, including Night Creatures, Kelley Nooners, Sundowners, Monday Night Mixed Group, Tuesday Night Women's, Tuesday Night Men's, and Thursday Grapevine. The rich history of the Kelley Club is a vital part of AA in Oklahoma. Not only was it founded by the original members of AA in Oklahoma but throughout the years, many of its members have made significant contributions to the growth and stability of AA in the State of Oklahoma.

Step One

"We admitted we were powerless over alcohol—that our lives had become unmanageable."

Step one is centered around the idea of admitting powerlessness over alcohol. In simple terms, it means recognizing that you cannot control your drinking and that it has become a problem in your life. This acknowledgment is the first step towards recovery. It emphasizes honesty and self-reflection, encouraging individuals to understand that their attempts to manage their drinking have not worked and that they need help to overcome their alcoholism. It's about accepting the reality of the situation as a crucial part of the healing process.

Step Two

"Came to believe that a Power greater than ourselves could restore us to sanity."

This step encourages individuals to open their minds to the possibility of a higher power, which can be understood in various ways—whether as a traditional concept of God, nature, the universe, or even the collective strength of the AA community.

In simple terms, Step 2 emphasizes the idea that recovering from addiction often requires support beyond one's own willpower. It invites people to trust in something greater than themselves to help them regain control and find balance in their lives. This step is about fostering hope and embracing the idea that recovery is possible with the help of this higher power, leading to a healthier mindset and lifestyle.

Step Three

"Made a decision to turn our will and our lives over to the care of God as we understood Him."

In simple terms, this step encourages individuals to let go of trying to control everything in their lives and to trust in a higher power to guide them. It involves making a conscious choice to surrender personal will and seek support from this higher power, however one may define it.

Step Three is about accepting that you cannot do it all alone and that relying on something greater can lead to positive change. It encourages members to take a leap of faith, allowing themselves to be guided by their understanding of God or a higher power, which can help them navigate their recovery journey and lead to a healthier, more fulfilling life.

Tradition One

"Our common welfare should come first; personal recovery depends upon AA unity."

This tradition emphasizes the importance of unity within Alcoholics Anonymous as essential for the success of individual recovery.

This means the well-being of the entire group is more important than any one person's interests or desires. When members prioritize the unity of the group, it creates a supportive environment that helps everyone in their recovery journey. By working together and supporting one another, individuals can find strength and encouragement. This tradition encourages members to put aside personal disagreements and focus on the collective goal of helping each other stay sober.

Tradition Two

"For our group purpose, there is but one ultimate authority—a loving God as He may express Himself in our group conscience."

This tradition emphasizes that the guiding force for the group is a higher power, which can be understood differently by each member. It suggests that decisions within the group should be made collectively, based on a shared sense of values and beliefs, rather than by any one individual.

Tradition Two promotes unity and collaboration, reminding members that their group's decisions should reflect a collective conscience, guided by a sense of love and support. It encourages members to seek guidance from this higher power during discussions and decision-making, fostering a spirit of harmony and cooperation within the group.

Tradition Three

"The only requirement for AA membership is a desire to stop drinking."

This tradition states that anyone who wants to join Alcoholics Anonymous only needs to genuinely want to stop drinking alcohol. There are no other qualifications, such as religious beliefs, background, or specific behaviors.

Tradition Three emphasizes inclusivity and openness, making it clear that AA welcomes anyone who is struggling with alcohol addiction, regardless of their circumstances. It fosters a supportive environment where individuals can come together based on their shared goal of recovery, free from judgment or barriers to entry. This principle encourages members to focus on their common purpose and helps create a sense of belonging within the community.

Concept One

"The final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship." refers to the idea that "Final authority rests with the group."

This means that the ultimate decision-making power lies with the individual groups within AA, rather than a central authority or organization. Each group has the autonomy to govern itself and make decisions that best serve its members.

Concept one emphasizes the importance of group conscience, where members come together to discuss and decide on matters affecting their group. It promotes democracy and encourages participation from all members, ensuring that everyone has a voice in the decision-making process. This structure helps maintain the integrity and effectiveness of the AA program, allowing groups to adapt to their unique needs while staying true to the core principles of Alcoholics Anonymous.

Concept Two

"The General Service Conference has the final authority in the world service affairs of Alcoholics Anonymous."

This means that the General Service Conference (which is made up of representatives from AA groups around the world) is the highest decision-making body in AA's service structure. It has the ultimate responsibility for overseeing the organization's actions and ensuring that they align with the principles and traditions of Alcoholics Anonymous.

Concept Two emphasizes the importance of collective decision-making and accountability within the AA service structure. It reinforces the idea that the voice of the groups is paramount, and that decisions should reflect the needs and experiences of members. By giving authority to the General Service Conference, AA aims to maintain unity and effectiveness in its mission to help individuals seeking recovery from alcoholism.

Concept Three

"To insure effective leadership, we should endow the General Service Conference with the traditional rights of leadership."

This concept emphasizes the importance of strong and effective leadership within the General Service Conference, which oversees the broader activities of Alcoholics Anonymous. It suggests that the Conference should have the authority and rights necessary to guide and support the organization effectively.

It highlights the idea that leadership is not just about authority but also about responsibility and service. It encourages leaders to act in the best interests of the AA community, ensuring that the needs of the groups and members are met. By empowering the General Service Conference with these traditional rights, AA aims to maintain a strong and cohesive direction while upholding the principles and values of the organization.

STATE SPONSORED WORKSHOP
Topic: Three Legacies

Hosted by: District 60
Freedom Group, Ada
Three Legacies Group, Ada

SATURDAY MARCH 29 2025
9:30 AM - 3:00 PM
LUNCH IS SERVED

SPEAKER PANEL:
Recovery
MICAH D. - NORMAN, OK
JEREMY M. - ADA, OK
Unity
KODY W. - COALGATE, OK
AARON T. - MCALESTER, OK
Service
PAUL A. - SEMINOLE, OK
MARY BETH H. - GUTHRIE, OK

THREE LEGACIES RECOVERY

THREE LEGACIES GROUP
ST. LUKES EPISCOPAL CHURCH
110 E. 17TH STREET
ADA, OK 74820

LUNCH PROVIDED
SIDES AND
DESSERTS ARE
APPRECIATED!

For more information: Andy D. Area 57 Alternate Chair
alt-chair@aaoklahoma.org or 405.210.5262

KEEP ON TRUCKIN' TOOKIN'! TULSA
"HERE ARE THE STEPS WE TOOK..."

**12 STEP WORKSHOPS
SPEAKER SEMINARS
PANEL DISCUSSIONS
FELLOWSHIP**

**FRI. 25TH - SUN. 27TH
APRIL, 2025**

Where: Mindset Conference Room,
5563 South Lewis Ave., Tulsa, 74105
Weekend Tickets: \$20
In person or online

REGISTER AT: KEEPPONTOOKIN.EVENTBRITE.COM

AREA 57 presents:
**District 10
CPC & PI
Workshop**
2:00 pm to 5:00 pm

Saturday April 19 2025
hosted by: **Guthrie 89er Group**

Our Panelist:
Ben B., Altered Boys, OKC
Monica C., Open Door, Lawton
Diane W., Promises, Broken Arrow

Guthrie 89er Group
Red Brick School House
3522 S. Division
Guthrie, OK 73044

Late Lunch
Provided
Side dishes
and for
desserts
appreciated!

Hosted by District 40
Saturday June 28, '25
9 am-Noon

Area 57 State Sponsored Workshop presents:

CPC, PI & Technology Workshop
various ways we carry the message

Our Panelist:
Thomas R. Altered Boys OKC, OK
Gary K. Outlaw Safe Cracker Group Claremore, OK
Reba H. P.A.T.S. Group Tulsa, OK

Lunch provided!
Side dishes and
desserts greatly
appreciated!

For more information:
Andy D. Area 57
Alternate Chair
alt-chair@aaoklahoma.org
or 405.210.5262

Location:
5561 S. Lewis Ave.
Tulsa, OK
74105

**EVENTS
IN
AREA 57**

9TH ANNUAL RED DIRT ROUNDUP
UNITY through Humility
11 & 12 JULY 2025
Oklahoma City, OK

Guest Speakers:
Don L. Bellingham, Washington (AA)
Mari G. Toronto, Ontario, Canada (AA)
Heidi S. Grove City, Pennsylvania (AA)
Sherry S. Bloomington, Minnesota (Al-Anon)
Tony E. Chickasha, Oklahoma (AA)

Location: Cole Community Center
4400 Northwest Expressway
Oklahoma City, OK 73116

Hotel Suggestions 1-2 miles:
Embassy Suites by Hilton 1467
3233 NW Expressway
Oklahoma City, OK 73112
405-842-6633
Home2 Suites by Hilton 595
4110 NW Expressway
Oklahoma City, OK 73116
405-408-6094
Fairfield Inn & Suites 576
by Marriott
5700 NW Expressway
Oklahoma City, OK 73132
405-479-8484
Country Inn & Suites 557
by Radisson
1541 NW Expressway
Oklahoma City, OK 73112
405-445-2002

Registration: \$30 (per person) on or before July 1st and \$35 after July 1st, 2025.

Name _____
Address _____
Home Group _____
Name on Badge _____
Email _____
AA _____ Al-Anon _____

Please make check(s) payable to Red Dirt Roundup.
Red Dirt Roundup
c/o Bella L.
6214 Raven Ave.
OKC, OK 73132

Register online at www.okdrr.com
Red Dirt Roundup
reddirtroundup.com

VENIMO

OKYPAA 42
August 9th-11th 2024

CAME TO BELIEVE

Free OKYPAA41 Tshirt with registration until Feb 29th
while supplies last

ONLY \$25!!!

Wyndham Garden
2101 S Meridian Ave, Oklahoma City, OK 73108

Area 57 Presents the 2025

FUN IN THE FELLOWSHIP

Save the Date

Free and Fun Service Event

**SATURDAY
SEPTEMBER 13, 2025**

Western Club
5207 N Western Ave, Oklahoma
Oklahoma City, OK 73118

RAFFLE PRIZES | FOOD | FUN | FELLOWSHIP

275 CAMP CHRISTIAN LANE CHOUTEAU, OK 74337

GRATITUDE GETAWAY
Women's AA Retreat
SEPTEMBER 19-21, 2025

AA SPEAKERS, WORKSHOPS, & LOTS OF FUN ACTIVITIES!

REGISTRATION FEE: \$135 - MEALS & LODGING INCLUDED!
*\$140 if paying by card online

REGISTRATION DEADLINE: SEPTEMBER 1ST

REGISTER ONLINE: GRATITUDEGETAWAY.COM/REGISTRATION

TO REGISTER BY MAIL: COMPLETE INFO BELOW
MAKE CHECK PAYABLE TO GRATITUDE GETAWAY
MAIL CHECK AND COMPLETED REGISTRATION FORM TO:
GG REGISTRATION 11121 S 4050 RD TALALA, OK 74080

PLEASE PRINT: Registration is non-refundable and non-transferable - please email gratitudegetaway@gmail.com if you have registered but are unable to attend, we have a waitlist of women waiting for a spot to open up! You may not attend if you are not registered, and there are no registrations taken at the door. Please see FAQ online.

Please note - you are not registered unless you have paid in full. We cannot accept partial payments. If you are interested in a scholarship, please fill out the form and write in "scholarship request". These are given on a first come, first served basis with a limited number available. Not everyone that requests a scholarship will receive one. Please only one scholarship per person - if you've received one in the past, you may not receive one again.

Name: _____ **Society Date:** _____
Phone Number: _____ **Email:** _____
Home Group: _____ **City, State:** _____
Scholarship Donation \$: _____
Emergency Contact: _____
Special Needs: (please specify-handicap accessible, dietary restrictions, etc.) _____

T-Shirt Size: (circle one) XS S M L XL XXL

AREA 57 CONFERENCE

To make an additional
contribution to the Area 57
Conference, go to:
<https://oklahoma-state-conference.square.site>

Area 57 Needs Raffle Prizes!
Contact:
welchcassandra52@gmail.com

Area 57 presents:

WE THRIVE IN '25

**OKLAHOMA STATE
CONFERENCE**
MAY 16-18, 2025
EMBASSY SUITES - NORMAN, OK

Our Guest Speakers:


- AA - Paul M., Rockaway Beach, NY
- AA - Tara R., Stewart, FL
- AA - Tami P., Santa Rosa, CA
- Al-Anon - Mike M., Oklahoma City, OK
- GSO - Teresa J., SWR Trustee, Albuquerque, NM

Conference Activities:

- The Delegate's Report
- Service Fair
- AA Speakers
- Al-Anon Speaker
- First Timer's Panel
- Long Timer's Panel
- Marathon Meetings
- Entertainment
- Hospitality Room
- Sobriety Count Up/Dn
- Fellowship & Fun!


Hotel Reservations:
Embassy Suites by Hilton Hotel & Conference Center
2501 Conference Drive, Norman, OK 73069
For Reservations and Conference discounted rate: 1-800-EMBASSY
(1-800-362-2779) contact Hotel by: April 25, 2025, Group Code: 92Q
Room Rate: \$144 per night (plus tax & fees) King Suite or 2 Queen Suite

Hilton Hotel



PLEASE
support your
Conference
and Register
EARLY!

\$30 NOW!
\$35 at the Door



Conference Registration:

Name: _____

Name on Badge: _____

Home Group: _____

City / State: _____

Phone: _____

Email: _____

AA ____ Al-Anon ____ Alateen ____

Interpreter? Yes ____ No ____

Spanish ____

ASL ____

Other Accessibilities? Yes ____ No ____

Contact: conf_chair@aaoklahoma.org

Thank you for your
Contributions to help
carry the message! ❤️

Checks payable to:
OK State Conference '25
Mail to: 801 Sky Court
Norman, OK 73026

First Conference?
Yes ____ No ____

\$30 NOW!
\$35 at the Door

Registration: \$ _____

Contributions: \$ _____

Total Amount: \$ _____

2025 General Service
Conference
to be held 4/27-5/3
(click for more info)



Founders' Day Herald

90th Anniversary of Alcoholics Anonymous

June 7, & 8, 2025 | Akron, Ohio | Birthplace of A.A.

FRIDAY ACTIVITIES

A.A. 12 Step Panel • 10:00 a.m. - 1:00 p.m.
Discussion of the 12 Steps The Herald
Chair: Joe Jurek

A.A. Early Bird Meeting • 3:00 p.m. - 4:00 p.m.
Space N - Akron, OH
Could not attend? Reach out to
Chair: Greg E.

Actors Guild Play • 5:00 p.m. - 7:00 p.m.
Call to the Spirit

A.A. Speaker Meeting • 7:30 p.m. - 9:00 p.m.
Alcohol G - Broken Arrow, OK
"Back Hitters Recover Too"
Chair: Joe Jurek

Serendipity Singers • 8:00 p.m. - 9:00 p.m.
Dorinda Y. - Bedford Heights, OH
Marty in the Mirror
Chair: Woody W.

Juins at Ensal • 9:30 p.m. - 1:00 a.m.
Creditor: Psychology Games Ensal
Pamela Defelicio for Gender

A.A. Al-Anon • 11:00 p.m. - 1:00 a.m.
Call to the Spirit

SATURDAY ACTIVITIES

Blue Ties of Historic A.A. Sites • 9:00 a.m. - 4:00 p.m.
Free admission - Historic Sites
Lunch continuously - Blaine Circle
(See back on tour list)

A.A. Archery • 9:00 a.m. - 1:00 p.m.
Located in Intergrup Intergroup Office
(See back on tour list)

The 12 Traditions • 9:00 a.m. - 1:00 p.m.
Chaired by: Karen K.

Grapvine Meeting • 10:00 a.m. - 1:00 p.m.
Grapvine and Little Lila
"A.M. Multimedia Meeting"
Student Union Theater - Presenter: Chris G.

Juins at Ensal • 1:00 p.m. - 1:00 p.m.
Shank Hall - Akron

A.A. Old Times' Panel • 1:00 p.m. - 1:30 p.m.
"A.A. and the Service" - 1:00 p.m.
John L. - Lorain, OH
Lette L. - Chagrin Falls, OH
Tom K. - South Hills, OH
Chair: Karen K.

SUNDAY ACTIVITIES

MYOTICIDE TO DR. BOB'S GRAVE • 7:30 a.m.
Motivational presentation and grandiose memorial service to Dr. Bob & Alice
Plymouth, OH
Pam G. - Canton, OH
Ryan G. - Canton, OH

A.A. Spiritual Panel • 9:00 a.m. - 11:00 a.m.
Chaired by L. - Elms, OH
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A.A. Closing Service • 11:00 a.m. - 1:00 p.m.
Chaired by L. - Elms, OH
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Chaired by L. - Elms, OH

AL-ANON ACTIVITIES

Al-Anon Panel • 10:00 a.m. - 12:00 p.m.
Topic: "How Programs, One Journey"
Al-Anon - Akron, OH
Al-Anon - Akron, OH
Al-Anon - Akron, OH
Al-Anon - Akron, OH

Al-Anon • 12:00 p.m. - 2:00 p.m.
Al-Anon - Akron, OH
Al-Anon - Akron, OH
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Al-Anon - Akron, OH

Al-Anon • 2:00 p.m. - 4:00 p.m.
Al-Anon - Akron, OH
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Al-Anon • 4:00 p.m. - 6:00 p.m.
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Al-Anon • 6:00 p.m. - 8:00 p.m.
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Al-Anon • 8:00 p.m. - 10:00 p.m.
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VANCOUVER 2025
 Language of the Heart
 Lenguaje del corazón
 Le langage du cœur

**REGISTER BY
 APRIL 15
 FOR EARLY-BIRD
 PRICING**

2025
**A.A. INTERNATIONAL
 CONVENTION**

Join your friends in Vancouver,
 British Columbia, Canada
July 3-6

HIGHLIGHTS INCLUDE...

- ▶ Thursday night block party
- ▶ Flag Ceremony
- ▶ Stadium meetings
- ▶ Old Timers Meeting

AND MORE...including 250+ meetings,
 hospitality suites, and a full slate of
 panels and workshops

REGISTER NOW

**HOUSING IS
 STILL
 AVAILABLE!**

LEARN MORE
aa.org/international-convention
2025ic@aa.org

AA
 Anonymous

Screenshot

THE 65TH ICYPAA

INTERNATIONAL CONFERENCE OF YOUNG PEOPLE IN ALCOHOLICS ANONYMOUS

M I N N E A P O L I S

WELCOMES YOU TO:

A NEW AND WONDERFUL WORLD

PRE-REGISTER

AUGUST 28TH-31ST, 2025

HILTON MINNEAPOLIS

HOTEL ROOMS

SWRAASA



SAVE THE DATE
Hosted by Area 46

2025

SOUTHWEST REGIONAL FORUM

November 14th-16th, 2025
ALBUQUERQUE, NEW MEXICO

Marriott Uptown
2101 Louisiana Blvd. N.E.,
Albuquerque, NM 87110

Contact: 2025SWRegionalForum@nm-aa.org





SCAN ME

Events Around the SW Region & USA