

Area 57 Newsletter

"Our Common Welfare"

This is a CONFIDENTIAL DOCUMENT - for A.A. members ONLY. Please guard everyone's anonymity.

Area Delegate

Our Common Welfare— Safety in AA

Recently District 20 held a Workshop on, among other things, this very topic, so I will highlight here some of the high points of that discussion.

First, what sorts of issues involve AA Safety? Whose safety – whose guarantee – whose liability, whose responsibility?

Here is some of what was discussed.

- Safety to be an Atheist, one who doesn't feel safe in our Christian meetings?
 - Safety to be a Christian, the other side of the same fear.
 - Safety to discuss my intimate issues in public, at open meetings.
 - Safety to be gay.
 - Safety to be comfortable in a group, ideally one which looks like me. When people look dangerous, unkempt or smell bad, it is frightening.
 - Safety from Predators. Sexual and Financial, including Child Sexual offenders.
 - Safety from the inappropriate. The drunks, the profane, the mentally ill and potentially violent members.
 - Safety from Court-Ordered people who don't want to be here. (this is accompanied with the theory that Court ordering has made meetings unsafe in general)
 - Safety to discuss my addiction issues without bias or criticism.
 - Safety for famous persons to come here and be anonymous.
 - Safety from gossip and 5th step care-less public sharing.
 - Safety from breaks in anonymity and exposure in social media.
- The list goes on and on.

It is obvious that there are safety concerns and questions out there. I have to ask though – are we confusing safety with security – my need to be comfortable, my demand that the group make me comfortable and secure? Is this something that we have been taught by treatment centers. Our members have been com-

Area 57
Quarterly Area
Committee Meeting
Sunday
March 18, 2018
Wyndham Hotel
(Formerly Crowne Plaza)
Oklahoma Ballroom
2945 Northwest Expy
OKC, OK 73112
9:00AM.....Registration
9:30AM.....Meeting

ing to us fully cleaned up, sobered up and informed up – and we have gotten unfamiliar with drunks - or is it our own desire to fluff up the edges of AA, and be more like a treatment center? I wonder how much we have forgotten who we are.

TRADITIONS: Can the traditions help our groups? Do the traditions damage our expectation of safety, as well as also help to guide us toward solutions? Since when did AA guarantee safety, or even promise safety to all?? Has the membership changed? Are we doing something differently?

Organizational problems-
Are we organizationally flawed?
Bill thought so, but he built our flaws into our traditions, as part of our higher spiritual principal, with some business principles in the Concepts to attend to so that the bills got paid.
It seems that the traditions are part of the answer, and that they might even be a part of the problem, from a strictly practical point of view.

- We accept all people, regardless of their background, providing that they have a problem with alcohol, or say that they have a desire to stop drinking. This is our strength – it is also our vulnerability. You are a member if you say so.
- We are a group, or many groups, whose membership is composed, at our best,

CONTACT INFORMATION

OK STATE AA COMMITTEE OFFICE (Area 57 Office)

Phone.....(405) 842-1200
Hours...Wednesday: 9am-11am
Friday: 9am-1pm
Email..secretary@aaoklahoma.org
Website.....www.aaoklahoma.org
Physical Address:
4509 N. Classen, #101, OKC 73118
Mail Address:
PO Box 18415, OKC, OK 73154

OKC Intergroup Office:

24-Hour Hotline....(405) 524-1100
Office Phone.....(405) 949-0910
Email...admin@okcintergroup.org
Website.....www.okcintergroup.org
Address: 2701 N. Portland,
Suite E, OKC, OK 73107
Office Hours.....M-F 9am-6pm
Sat 10am-3pm

NE Central Service Office:

24-Hour Hotline...(918) 627-2224
Office.....(918) 627-2224
Email.....necs@aaneok.org
Website.....www.aaneok.org
Address.....4853 S. Sheridan
Suite 600, Tulsa, OK 74145
Office Hours....M-Fri 9AM-6PM

Hispanic Groups:

Spanish Hotline....(405) 316-9742
Mailing address: PO Box 19554
OKC, OK 73144

NEED A PHONE NUMBER?

If you need a phone number to contact any District or Area Service Committee Chair or your DCM, they are available at Area Meetings, through your District Chair or by calling the State AA Office.

Area 57 Officers Reports

of people who suffer from alcoholism – it is our strength – it is also our vulnerability. The doorway is wide.

- We alcoholics suffer from a spiritual malady – it is our deepest strength – it is also our deepest weakness. We are a selfish and self centered people – our highest spiritual value is to care for another human being. Our base values are to 'get mine,' first.

Our membership is open to all who wish to recover from alcoholism. Tradition three – you either believe in that – or you do not. It's a principle, and it doesn't change with circumstances. Is our unity stronger because of our diversity??

From 12 x 12, page 141, tradition three *'We were resolved to admit nobody to AA but that hypothetical class of people we termed "Pure alcoholics." Except for their guzzling, and the unfortunate results thereof, they could have no other complications. So beggars, tramps, asylum inmates, prisoners, queers, plain crackpots, and fallen women were definitely out.'*

Which of us would be here if this was the case?

More traditions: Unity requires sacrifice. We are practicing sacrifice, or we are not. We are taught that early – but it's not a virtue much admired – sacrifice. Society is telling us to take care of me first.

Our groups are autonomous, and we celebrate that. They are not patrolled by any AA police.

Our name also suggests that we practice the humility of anonymity. Our outsiders can look far more recovered than our insides.

- We abjure public controversy. Do we break our own commitments against public controversy and go on Facebook or Twitter to explain ourselves, and tell people our principles?

Do we defend ourselves? We have decided not to do that.

We are in need of alcoholics with principles as our lowest levels of service, We definitely need leaders who are not afraid to pay attention, and to lead, without secrets. Fearlessly.

Where do our safety 'issues'

present themselves?

I would propose, in two places.

First, In groups. They exhibit in groups – our own homegroups. That is the face that most members connect with, and often the only experience that they will ever have of AA.

Who makes up the groups – individual alcoholics.

What is our responsibility as a group, and within ourselves?

I hear a lot of people saying that they are going to trust God, but then do nothing. How do we work with the trusted power of God - not just organizationally, but individually, within our groups.?

As AA members, As AA groups, we have chosen the highest form of freedom by not limiting our message to one class of person. We have chosen the highest amount of individual liberty within our groups by making the groups autonomous, responsible to their own authority, even the right to be wrong.

We have no AA police. Who is going to deal with the chronic 13th stepper or other predator, if not the members themselves?

We are taught and told to practice love and tolerance and respect. We have chosen to live among the sick and the mentally ill. We have chosen this because they are us, and because it is what has been asked of us. I was taught that when I am to surrender, I hand in my weapons, and go over and sit down, awaiting instructions. My instructions have been clear. I am to work with others, and to be a home group member to the best of my ability.

Sponsorship and Commitment.

- We teach our newcomers about what AA is or might be, at it's best.

- Regular attendance at my home group – the only place where I really have a vote and a voice.

- Regular meditation to keep myself spiritually fit so that I can sponsor others conscientiously.

- Being the best and most effective channel that I can be, given my own flawed nature.

- Business meeting attendance to help the group to build its community of recovered and

recovering drunks so that we are strong

enough to carry a message of depth and weight to support our sick in finding recovery. Unity, always unity.

- Personal demonstration of change.

- Care for our newer members until they too can carry a message.

Seek to share the substance of AA, not the side distractions. It is substance that will save lives.

Don't you think that it is our fear, and our dependence on the opinion of others that allows us to put our own spiritual principles second? The Doctors opinions says that "they believe in themselves, and still more in the power that brings men like them back from the gates of death...

There's a challenge! My Sponsor told me, You can't save your face and your ass at the same time. You gotta chose.

Chapter 2 says that respect for others opinions, tolerance of their shortcomings makes us more useful.

I want my loved ones to find something that is pure and good here in AA – maybe that is too much to expect- but this program offers everyone the opportunity to change, nothing less. It is personal change that lets me become a safer person. The 'work' of AA is our twelve steps, and there is plenty of guidance in our big book. I am usually not afraid, and feel protected, but want to listen to the guidance of a Higher Power.

What is my responsibility, and what is my authority regarding general safety in my AA life?

What is my spiritual responsibility in my sponsorship, my groups or meetings?

What do I know about the nature of recovering addictions after alcohol is removed?

I do rely upon the intuitive thought to save my own butt, and I do have that as my spiritual guide often when working with someone. Sometimes I am not useful, or they aren't one of us, and I have to pray carefully to know where is the best other place to take someone. (not send them – they don't get there, usually)

There has always been someone in AA trying to get another person to take care of them, to support them, to hire them, to sleep with them, to make them feel

Area 57 Officers/Committee Reports

better. That has been around since our beginning. Safety has never been promised, especially not when I am sick, and make lousy choices. When I accept your guidance, I make fewer mistakes.

Solutions – Are there any?

Better groups of drunks.- better basic material – *that's a joke*

More rules to keep people out. - *that too is a joke*

We have the very best solution possible for drunks.

Sponsorship – it is what is available, practical and it works.

Active Home Group – what can I do to help right where I live?

Traditions? They set us spiritually in principles of openness and acceptance.

Personal Spiritual growth.

Be responsible for *our program*, not for all of the sub-interest-groups that are springing up.

Is AA so focused on growth that we haven't cared to grow our own recovery depth. Is our focus misguided when growing our numbers and contributions is more important than saving lives of drunks?

If we don't talk together about issues, as we work within AA, encouraging secrecy, we are part of an ongoing problem.

We are a program of redemption.

The stories abound.

The most ferocious killer in the hells angels, or in the mafia turn into chaplains, fathers, husbands.

The most selfish and ego centered among us work in detoxes, prisons and missions.

The energy of drug runners becomes the energy to fuel 12 stepping, when it comes from an alcoholic who is armed

with the facts about himself.

The young among us want to find a place for their more noble desires. They yearn for meaning and challenge. Does the program change them, or do they change the program?

The faithless become faithful. We get new teeth. We go to school. People make amends and become whole. People do their step-work and find freedom from the bondage of self by freely helping others.

Ben B.

Area Delegate
delegate@aaoklahoma.org

Alternate Delegate

Long ago, in county far, far away, I was a member of a college fraternity. Can't remember the issue, but some issue came up, and the frat president said (approximately), "S**** it. I didn't vote for it."

For me, that attitude, has become a (negative) standard: a, "my way or the highway," attitude. I have tried, over the years, to eliminate that kind of thinking from my mind. And, when in a hard place ("between a rock and a hard place"), I had to choose between my fears, opinions, and attitudes, and remaining in Alcoholics Anonymous, Tradition One has become the (positive) standard.

The TWELVE AND TWELVE is much more succinct: "The A.A. member has to conform to the principles of recovery. His life actually depends upon obedience to spiritual principles. If he deviates too far, the penalty is sure and swift: he sickens and dies." Likewise, my Group and my actions as part of the Group must conform to spiritual principles. We must stick to our purpose and not deviate or color ourselves too much in our religious, political or ethnic (in other words, "outside") ideas, affiliations and opinions. Not only will these things, when brought into the Group, leech away energy that would otherwise be focused on our primary purpose – such things poison the spiritual nature of our Group, breeding resentment, fear and suspicion.

When I go to any A.A. meeting, I hope to be reminded about our common problem and our common solutions – sticking to those two things, for that hour or so, reinforces and strengthens our common welfare. A friend used to say that when she went to her math class, she brought her math book. Nothing wrong with history, French or other subjects – but, for that one hour, in math class, she'd focus on math.

For the one hour, or so, in my A.A. meeting, I will focus on our common problem and our common solution.

Jamie R.

Alternate Delegate
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CPC

Cooperation with

The Professional Community

As a member of the Cooperation with the Professional Community committee (CPC), I reach out to, among others, social workers who cross paths with alcoholics. Awhile ago, I met with a supervisor at a social services agency and asked if I could meet with her staff to talk about what AA does and does not do, as well as answer any questions. She said, No, and explained that she has plenty of trained addiction counselors and her agency also has its own treatment center. At this point I felt anxious and irritated and I wanted to "set her straight," but I paused (see Big Book, page 87). I knew in that quiet moment I was facing a familiar enemy--and it wasn't her.

In talking about Tradition One, Bill W said, "Pride and fear and anger-- these are the prime enemies of our common welfare." (Alcoholics Anonymous Comes of Age, page 98). Although I know AA is best for me, I would have done more harm than good if I had angrily insisted AA was the only recovery solution for her too. So I left her with some pamphlets, a list of local meetings, and (in the spirit of Tradition One and the "C" in CPC) a friendly farewell.

Ruth C.

CPC Chair
cpc@aaoklahoma.org



Area 57 Committee Chair Reports

Gratitude Chair

Our common welfare and principles before personalities to me may be the spiritual giants of our traditions. I always chuckle when I hear these repeated because I think to myself when you learn how to apply these principles be sure to teach me.

My best expression of 'Our Common Welfare' is a realization I got many years ago. I was trying to determine what I enjoyed most: having God work in my life or watching him work in the lives of others. One day while pondering this thought it occurred to me that when I watch him work in the lives of others is the same as God working in my life. Both experiences ended with me realizing God was real. I think this is what it is like to put the common welfare of my group, area, and AA as a whole in front of my personal desires. I love watching and witnessing God work without any help from me. Helps to keep me right sized.

Debbie T.

Gratitude Chair
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Letters from contributing members to
Area 57 Gratitude Plan...

I received my 5 year chip today. What a day. Sherry received her's too. We started together 5 years ago. I think there were almost 80 people there to celebrate with us.

It is an accomplishment because it was one day at a time. But I am most happy and grateful for my life today. It is far beyond my wildest dreams.

The following is what my wife Judy said to the group before presenting me with my 5 year chip:

"Good morning to our special friends.

Thanks Jimmy for inviting me to a very special birthday celebration.

I will never forget 12-18-12. Unbeknownst to me, Jim came to his first meeting with many of you. He was given his first chip as a member of AA. He came home that morning and came to my bedside and said "look what I got this morning" and handed his chip to me. We cried and laughed at the same time. I was

happy beyond words. I thank him so much. The courage and strength he had that day and every day since is immeasurable. It is so hard to believe that 5 years have passed so quickly. He has become a changed man and we are so happy to have celebrated 54 years of marriage together. We are so blessed to have met so many truly great friends along the way. He loves his woodworking and making special things for special people. He's always on his iPad and at the Laser Lab creating his chips and boxes. I come home and smell this wonderful odor of burning wood and I know he will have made some new chips for someone. He loves you all so much.

I have seen Jim become the man I married over 54 years ago. I cannot tell you how his commitment to this wonderful program has changed our lives.

I would like to share something with you.

As we all know Love isn't always perfect.

It isn't a fairy tale or a storybook, and it doesn't always come easy.

Love is overcoming obstacles, facing challenges, fighting to stay together, holding on and never letting go.

It's a short word, easy to spell, difficult to define and impossible to live without.

Love is work, but most of all, Love is realizing that every hour, every minute and every second of every day is a gift we can give each other.

AA has allowed us to live and love 54 years together. The last 5 have been a miracle for our family.

I want to wish you, sweetheart, a very Happy Birthday!"

Wow!

**Anonymous
District 30**

Public Information

Greetings Fellowship,

We are continuing to have success in establishing public information about AA in areas we have not served as well as those areas where we have been

bringing information. We are excited and grateful for the work Richard S is doing in the Lawton area. He has found many ways to serve that community. He was able to get radio stations to run a public service announcement over the holidays. We purchased a CD provided by GSO for this purpose.

We are continuing to work with Tulsa Community College and have been invited to participate in four wellness fairs in February. We owe a huge thank you to Wayne L for establishing this relationship with TCC and for developing a terrific PI presentation. We will have a PI table at all four wellness fairs at each of the four TCC campuses.

We will possibly have an opportunity to work with OSU in OKC but are in need of help from a PI Chair from District 10 or District 20. It would be great if every District could have a PI Chair.

Please feel free to contact me if you have questions or opportunities for PI work.

Thank you for allowing me to be of service.

Betty M.

PI Chair
pi@aaoklahoma.org

Technology

When I think of our First Tradition regarding our common welfare, I cannot help but simultaneously consider our Fifth Tradition. Unless we as a fellowship remain singularly focused on our primary purpose of carrying our message to the next suffering alcoholic, we will not remain united. Our First Tradition tells us that our personal recovery depends on AA unity. Therefore, this means to me that if at any point we stray from our primary purpose, or if we allow distractions to divert our attention from it, the fellowship is in jeopardy; and likewise are we as individuals.

I heard a friend say that if AA were ever to fail, it will not be because of anything on the outside of the fellowship, but rather as the result of our internal collapse. Very recently, the fellowship experienced an internal distraction result-

Area 57 Committee Chair Reports

ing from the manuscript litigation. As the technology chair, I watched how technology was used to facilitate information, via a "secret" group on social media among other things, about the status of the litigation. Additionally, it was utilized as one of the many mediums for members of AA to voice their opinion about the matter, which undoubtedly made its way back to GSO. Technology was a means to pave the way for the sharing of information, when facts otherwise seemed very hard to come by.

In this sense, technology played a small part in keeping the fellowship united. And while the litigation is not fully resolved as of the date of this writing, my hope is that technology will continue to be used to share updates as they become available with the members of the fellowship."

Bryan T.

TechnologyChair
technology@aaoklahoma.org

Archives

Hello everyone in Area 57!

This theme (Our Common Welfare) is the thread that ties ALL of items in our Archives collection together. If that doesn't make sense to you, then our committee would like to invite you to the Archives Open House on Sunday, March 11th from 1:00 pm to 5:00 pm at the Kelley Club (2300 N. Kelley Ave., OKC). If you take the time to browse the display cases, the display books or sit and listen to the power point presentation on the history of AA and history of AA in Oklahoma, it will become obvious. Our history can help hold us together – which is our common welfare. What's that old saying – something like 'if you don't



know your history, you are apt to keep making the same mistakes over and over'.

Please don't let the scavenger hunt SCARE you! If you want to enter the competition, it will be fun, but you can also just browse on your own or get one of the scavenger hunt sheets and look for the answers – WITHOUT competing.

Hope to see you there! Please spread the word about it.

In loving service,

Anita S.

Area Archives Chair
archives@aaoklahoma.org

Treatment

I know that my sobriety is the same as yours--not greater or lesser. We are equals. In our Group Conscience meetings, we all have one vote. We all can share our opinions on each and every matter. Each person is important to the group. I believe that my actions and words should resonate an understanding that this deal works only one day at a time. While I am getting better at treating all members as equals, I still have days when I think someone shares way too long, when someone tries to showboat by quoting the Big Book or when someone occasionally yells something "funny" during an AA meeting.

There are days when I have to shut my mouth because there are days when you had to shut yours about my behaviors. I have no right to judge anyone, given my less than storybook recovery. My job is not to judge but to love and accept; liking is optional. We are in this lifeboat together. I need you here with me.

Going to a treatment center on a consistent basis is work, hard work. I suspect that the most effective meetings are ones where the members respond more like a team and where the members work for the common good, AA's common welfare.

Equality is one part of the "Common Welfare" theme, but I will let Pete, Marcie, Steve, Bob, and the rest of our Area 57 stars pick up the slack.

Phil H.

Treatment Chair
treatment@aaoklahoma.org

District 20

First, I would like to thank the GSRs of District 20 for having the confidence last September to ask me to serve as your chair. It humbles me reflecting back five years ago when a man suggested that I make the coffee at the Western Clubs big Tuesday and Thursday meetings. That began my journey of service that lead to being select as the GSR of my home group on a Wednesday and the following Sunday be my first Area Assembly. I had no idea what I was doing and was a little frightened. After two years the District 20 Chair at that time suggested that I become an Alt. DCM. Each service position I held would teach me something about "our common welfare" the subject of this quarters newsletter.

Personally, early last year was my hardest in maintaining sobriety since that first year. I was becoming complacent and resting on my laurels. It was at that moment the service structure and my fellows in it came to my rescue. I would have to put my interests aside in place of the greater good of my group, my district and A.A. as a whole. As I concentrated on our common welfare I had to see others views and stand in the shoes of someone else. My ego resisted, but with prayer and help of those around me I began to grow spiritually, again. It turns out these principles of service and humility is exactly what I need. When I think of our common welfare I find a purpose and strength to continue in my recovery. Selfishness slips away and a bigger calling pulled me back from the brink. It turns out that when I focus on "our common welfare", my individual welfare is secure and safe.

Bruce M.

District 20 Chair
district_20@aaoklahoma.org



Area 57 Committee Chair Reports

District 30

Greetings from District 30! Now that are bellies are full, football is waning and the mercury dropping that can only mean the dawn of a New Year and an opportunity to renew my enthusiasm and joy for the privilege to serve a "Big" God and play my role as HE would have me. Life is good here in District 30! We gathered as a District on November 29th, 2017 at the beautiful Honor Heights Park in Muskogee. We enjoyed a packed house as we ushered in Hospitality Room Chair Barbara L to lead the charge to the 2018 State Conference. Go Conference! Obviously. Period. We elected Tony A to the position of DCM for Cluster D-2 and voted to contribute \$300 to State Conference Scholarships. We rounded out the afternoon with an incredible barbeque lunch that was out of sight! If you have a service deficiency that needs to be addressed come see us at the next District 30 quarterly meeting in Langley at the City Hall, 324 Osage Street on March 4th. Fellowship/sign-in/donuts at 9:00. Meeting at 9:30. Don't miss it! And bring a new guy/gal!

This quarter's submission topic is "Our common welfare" and after several days of pondering it occurred to me how much broader my perspective is of our common welfare. Before I came to Alcoholics Anonymous our meant mostly mine with a few other people sprinkled in. I was unaware of and quite frankly didn't care about much more than myself. If I was concerned about your welfare it somehow related back to me and the effect your situation would ultimately have on me. When I came to Alcoholics Anonymous there was a strong under current of altruism that swept me up and began to change my life. It was suggested to me that I get a home group, that I collect phone numbers of the men in that group, it was suggested I get a sponsor, it was suggested by that sponsor to call three other alcoholics every day. These suggestions had little meaning at the time but I was willing. I began to feel a sense of belonging, a sense of fellowship and a true sense of camaraderie like I had not felt in a long time. My home group and its welfare started to matter to me. I got involved with district service and my sense of "our"

broadened even more. Today when I consider "our common welfare" I think about all the members of our fellowship, all the future members of our fellowship as well as those who are no longer with us and ask myself, what is best for us? If there is no us, there most definitely is no me. It was pointed out to me recently that the prayer I say in the morning is asking for God's will for us (not me) and the power to carry it out. What a revelation! God Bless!

Matt L.

District 30 Chair
district_30@aaoklahoma.org

District 50

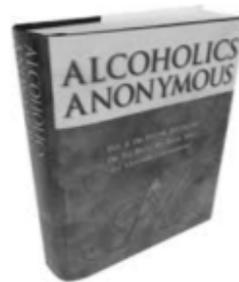
Happy Day to each and every one of you in AAland!!

Our Common Welfare...Unity
Unity. Personal recovery depends and relies on Unity or AA dies. We are the caretakers for those to come and those on watch for those that have gone before us.

Deb G.

District 50 Chair
district_50@aaoklahoma.org

NW District 50 Cover to Cover Big Book Study Jimmy Jack B. & Clif G.



Friday, June 22, 2018 6pm- 10pm
Saturday, June 23, 2018 9am- 9pm
Sunday, June 24, 2018 9am- noon

This is an in depth study of the basic text of the book Alcoholics Anonymous.

Free of Charge! Meals are your responsibility.

Holiday Inn Express
715 S. Country Club Road
Stillwater, OK 74074
405-372-2445

\$95+tax/Room (Mention NW DIST 50 MTG)

MONTHLY Joint Service Meetings

These meetings are to help you learn more about the Traditions, Concepts and other service related topics, as well as to meet other people involved in service work. All GSRs, Alternate GSRs, DCMs, Alternate DCMs, District Chairs and District Service Committee Chairs are urged to attend. Of course, everyone is welcome. Please bring your AA Service Manual!

OKC - 1st Tuesday of each Month

Meridian Club - 4407 NW 50th St.

7:15 pm - No Dumb Questions Session for any new GSRs, Alt GSRs or new service people
7:30 pm Fellowship / 8:00 pm Meeting

Tulsa - 2nd Thursday of each Month

Unanimity Club - 8749 South Lewis
6:30 pm Fellowship / 7:00 pm Meeting

Please remember that there is a meeting in progress at 6:30pm. Thank you!

R H SMITH, M D
2ND NATIONAL BLDG. AKRON, OHIO

TELEPHONE HE-8823 RES. NO. _____

R FOR alcoholics

ADDRESS _____ DATE Feb 1937

Always remember it

1. Trust God
2. Clean house
3. Help others

R. H. Smith M. D.

NR 1 2 3 INF.



Visit Your Area Website at aaoklahoma.org!!!



Important Note: Distribution of Newsletter

A viewable and printable version of The Newsletter is currently available on The Area 57 website, aaoklahoma.org. To view our current newsletter go to committees/newsletter. Our current subscription list will be updated after every Quarterly Area Meeting.

Contact us at 405-842-1200 or email us
newsletter@aaoklahoma.org, secretary@aaoklahoma.org.



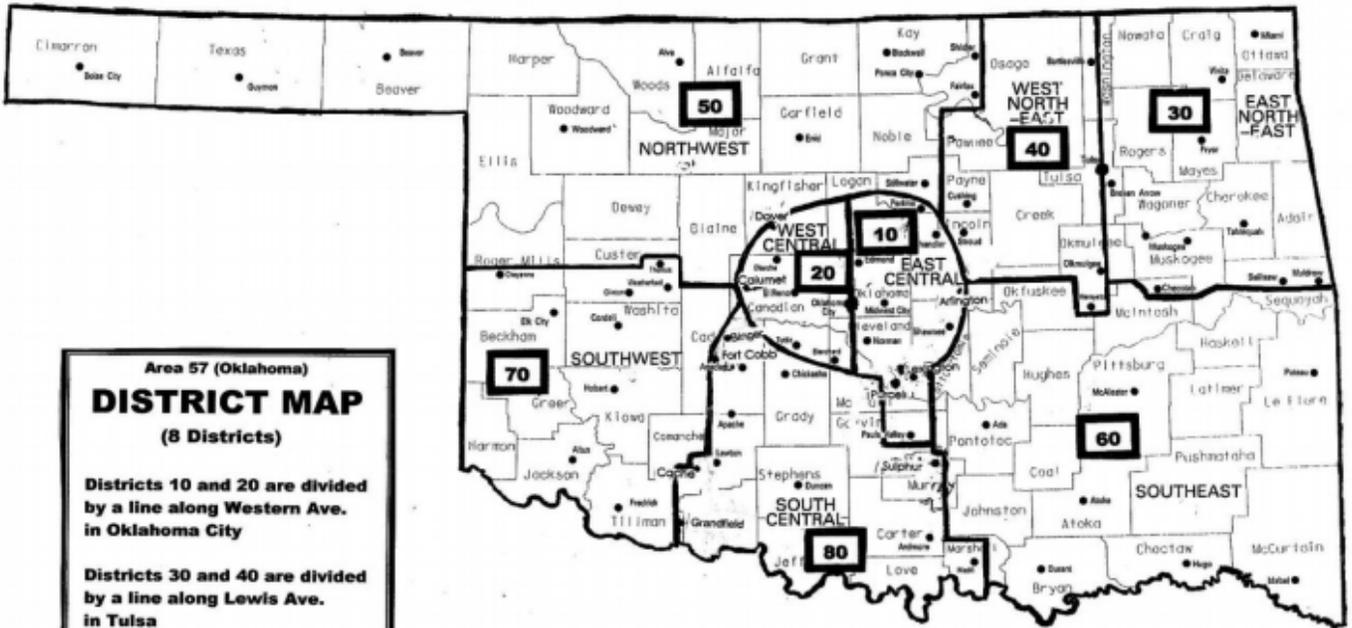
**PO Box 18415
Oklahoma City, OK 73154-0415**

RETURN SERVICE REQUESTED

March 18, 2018

Please Share with your groups!

AREA 57 (OKLAHOMA) DISTRICT MAP



Revised 2/16/2011